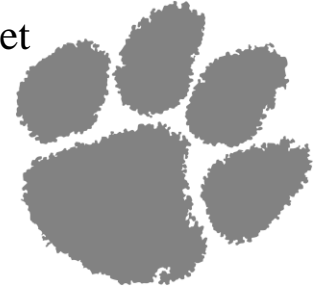


Fort Gibson JH Invitational Track Meet  
Fort Gibson High school  
Leo Donahue Stadium  
Thursday, March 30, 2023



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The Fort Gibson Athletic Department would like to invite you to our  
**14th Annual Junior High Track Meet.**

**ENTRY FEE:** \$80 for each team competing (Boys/Girls).  
\$10 for each individual if less than 5 members.  
*Make checks payable to: Fort Gibson Public Schools*  
If Mailed: 500 S. Ross St., Ft Gibson, OK 74434

**DIVISIONS:** 4 Divisions: 7th - 8th Girls and 7th - 8th Boys.

**TIME:** 9:00 a.m. Coaches meeting. 9:30 a.m. Field Events. 10:00 a.m. Running Events.

**LIMITS:** Each contestant is limited to 4 events. Each school is limited to 3 contestants per event. Each school is limited to one team in each relay.

**AWARDS:** Medals will be awarded in individual events, 1st-4th pl. Relays 1st-3rd pl.

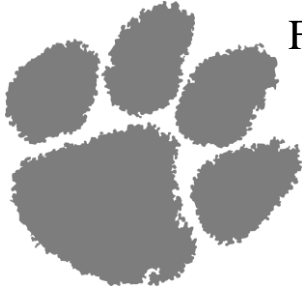
NO TEAM POINTS AND NO TEAM AWARDS

COACHES WILL BE FED LUNCH

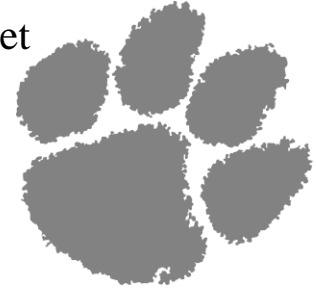
ALL OSSAA RULES APPLIED

NO CAMPING OR SEEDS ON FOOTBALL FIELD

Contact Coach Bethel to confirm participation for food purposes, or any other questions  
Call 918-774-5540 or Email ([s\\_bethel@fortgibsonigers.org](mailto:s_bethel@fortgibsonigers.org))



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Order of Events

400 Meter Relay	Girls	Boys
3200 Meter Relay	Girls	Boys
100 M Hurdles	Girls	
110 M Hurdles		Boys
800 Meter Relay	Girls	Boys
800 Meter Run	Girls	Boys
100 Meter Dash	Girls	Boys
400 Meter Dash	Girls	Boys
300 Meter Hurdles	Girls	Boys
200 Meter Dash	Girls	Boys
1600 Meter Run	Girls	Boys
1600 Meter Relay	Girls	Boys

Field events

High Jump	7th, 8th Girls	7th, 8th Boys
Long Jump	7th, 8th Boys	7th, 8th Girls
Shot Put	7th, 8th Boys	7th, 8th Girls
Discus	7th, 8th Girls	7th, 8th Boys
Pole Vault	7th, 8th Girls	7th, 8th Boys

NOTE: SHOT PUT, DISCUS, AND LONG JUMP WILL HAVE 3 JUMPS / THROWS