

Hinton High School/Junior High Track Meet

March 24th, 2023 at Hinton Public Schools

Hinton Public Schools will be hosting the Hinton Track Meet this year on March 25th. Track is located west of the baseball field. Cost is \$75 per Division please make checks payable to Hinton Public Schools. Please contact Grant Potter at grant.potter@hintonschools.org or 405-535-5010 to register or with any questions.

***9th graders can compete as HS or JH but not both. Limit 3 events per athlete. Limit 4 participants from one school per event. Meet limited to 12 Teams**

Order of

Events:

Field Events 9:00am

Shot Put- JH Boys, HS Boys, JH Girls, HS Girls

Discus- JH Girls, HS Girls, JH Boys, HS Boys

High Jump- JH Girls, HS Girls, JH Boys, HS Boys

Long Jump- JH Boys, HS Boys, JH Girls, HS Girls

Pole Vault- Girls/Boys

Running Events 9:30am

400 Relay JH Girls, JH Boys, HS Girls, HS Boys

3200 Relay JH Girls, JH Boys, HS Girls, HS Boys

100 Hurdles JH Girls, HS Girls

110 Hurdles JH Boys, HS Boys

3200M Run JH Girls, JH Boys, HS Girls, HS Boys

100M Dash JH Girls, JH Boys, HS Girls, HS Boys

800M Relay JH Girls, JH Boys, HS Girls, HS Boys

BREAK

800M Run JH Girls, JH Boys, HS Girls, HS Boys

400M Dash JH Girls, JH Boys, HS Girls, HS Boys

300 Hurdles JH Girls, JH Boys, HS Girls, HS Boys

200M Dash JH Girls, JH Boys, HS Girls, HS Boys

1600M JH Girls, JH Boys, HS Girls, HS Boys

1600 Relay JH Girls, JH Boys, HS Girls, HSBoys