

# IDABEL MIDDLE SCHOOL TRACK MEET

TUESDAY APRIL 4, 2023

**Coaches Meeting:** 9:30 a.m. in the weight room.

**Field Events:** 10:00 a.m.

**Running Events:** 10:30 a.m.

**Divisions:** Four (4) divisions - 5/6th (**JR**) and 7th/8th (**SR**) girls, 5/6th (**JR**) and 7th/8th (**SR**) boys.

**Awards:** Medals will be given to first three (3) places in individual events, first three (3) places in relay events.

**Concession/Admission:** The concession stand will be open.

**Admission** will be charged for spectators. **\$3.00**

**Parking:** Bus parking will be at the EAST parking lot NORTH of the SOFTBALL FIELD located on Ave N.

ALL team camps will be outside the football field, **NO EXCEPTIONS!**

**Entry Fee:** \$60 per team, \$10 for individuals (less than 4 athletes from the same school).

**Entries:** A student may participate in no more than four (4) events.

**Inclement Weather/Questions:** Please contact

Scott Pratt, Athletic Director (580) 306-6609

**ATTENTION COACHES:** the On-line Entry DEADLINE is: **Monday, April 3<sup>rd</sup> @ 1pm**. (((The meet will be CLOSED at 1pm!)))

No late entries accepted. - - - Schools planning to attend must submit their entries on the **ENDURO USA™** website by completing ALL the necessary steps on the "ENTRIES Window" – including the "Verification Step". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - -  
- Please log into your ENDURO USA™ account at: [www.endurousa.com](http://www.endurousa.com) - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: [cara@runenduro.com](mailto:cara@runenduro.com)

Make checks payable to: **IDABEL ATHLETICS.**

Mail to:

SCOTT PRATT ATHLETIC DIRECTOR

901 EAST LINCOLN ROAD

IDABEL, OK 74745

## **ORDER OF EVENTS**

### **FIELD EVENTS**

10:00 Field Events

Shot Put	5/6th 7/8th Boys–Girls
Discus	5/6th 7/8th Girls–Boys
High Jump	5/6th 7/8th Girls –Boys
Long Jump	5/6th 7/8th Boys –Girls
Pole Vault	7th 8th Girls –Boys

### **RUNNING EVENTS**

10:30 Running Events

400 Meter Relay	5/6th 7/8th Girls –Boys
3200 Relay	7/8th Girls –Boys
100 Hurdles	5/6th 7/8th Girls
110 Hurdles	5/6th 7/8th Boys
800 Meter Relay	5/6th 7/8th Girls –Boys
800 Meter Run	5/6th 7/8th Girls –Boys
100 Meter Dash	5/6th 7/8th Girls –Boys
400 Meter Dash	5/6th 7/8th Girls –Boys
300 Meter Hurdles	7/8th Girls - Boys
200 Meter Dash	5/6th 7/8th Girls –Boys
1600 Meter Run	5/6th 7/8th Girls –Boys
1600 Meter Relay	5/6th 7/8th Girls –Boys