

**IDABEL**

🏠 **Location:** Idabel High School

📅 **Date:** Friday April 7, 2023

🕒 **Coaches Meeting:** 9:30



## **Skippy Smith Relays**

Online Entries through **endurousa.com**: Schools planning to attend our meet must submit their entries on the ENDURO USA website. This is a "Seeded Entries" meet. The online ENTRY DEADLINE will be posted on the Enduro site. **NO LATE ENTRIES.** 16 Team total

Coaches Meeting: 9:30 a.m. in the weight room at the south end of the stadium. Field Events: 10:00 a.m. Running Events: 10:30 a.m.

Two Divisions: High School Boys and Girls

Awards: Medals will be awarded to the first three (3) places in each individual event and to the first three (3) places in each relay event.

Field Events: Each competitor will have four (4) throws and four (4) jumps.

Heating: Heating will be done on the benches on the infield near the starting line

Concession/Admission: The concession stand will be open. Admission will be charged for spectators (\$3.00 - Adults and \$2.00 - Students).

Restrooms are available.

Parking: Bus parking will be at the East parking lot by the Softball Field complex.

Team Camps: All team camps will be outside the football field and track on the North and East side.

Entry Fee: \$100 per Division, \$15 individual (less than 5 athletes)

Make checks payable to: Idabel High School Track

Mail to: Idabel Track, 901 E. Lincoln Rd, Idabel, OK 74745

Track Meet Questions: Please text

Sanda Gambol (580) 579-5221, John Harjo (580) 372-7467, Scott Pratt (580) 306-6609

In case of inclement weather please call or text

## **Skippy Smith Relays Order of Events**

**9:30am Coaches Meeting**

**10:00am Field Events:**

**Shot Girls/Boys**

**Discus Boys/Girls**

**Long Jump Girls/Boys**

**High Jump Boys/Girls**

**Pole Vault Boys/Girls**

**10:30am Running Events:**

**RUNNING ORDER: Girls/Boys**

**3200 RELAY**

**100M HURDLES**

**110M HURDLES**

**400 RELAY**

**3200M RUN**

**800M RELAY**

**800M RUN**

**100M DASH**

**400M DASH**

**300M HURDLES**

**200M DASH**

**1600M RUN**

**1600M RELAY**

