

# KELLYVILLE PONIES HIGH SCHOOL TRACK MEET FRIDAY, APRIL 7, 2023

**ON-LINE ENTRIES: SUBMIT ON [WWW.ENDUROUSA.COM](http://WWW.ENDUROUSA.COM) BY 4/6/23**

SCHOOLS 4A and smaller.

TIME: Coaches meeting @ 9:00 AM in the football locker room. Meet starts @ 9:30 AM.

DIVISIONS: High School Boys and High School Girls

ENTRY FEE: \$90 for each boys and girls team. \$15 per individual if less than 4 members on the team.

LIMITATIONS: Each contestant is limited to 4 events, including relays and field events.  
Each school is limited to 1 relay team.  
Each school is limited to 3 competitors per event.

MEDALS & TROPHIES: Medals: 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in all events. Trophies awarded to 1<sup>st</sup> place only.

TEAM POINTS: Awarded to 1<sup>st</sup> – 6<sup>th</sup> places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: Kellyville will furnish all starting blocks.  
1/4 inch spikes or smaller required.  
Do not use tape on the track.

LUNCH, SNACKS, DRINKS will be provided for coaches and workers.

ADDRESS: 14959 Maple Drive, Kellyville.  
Take Kellyville Exit on Turner Turnpike( I-44). Go west on Route 66 for 3 miles.

We have an outstanding track & field complex with an eight lane track.

2 Long Jump runways going different directions.

Pole Vault pit with 2 runways.

Large High Jump area.

Large paved parking lot next to the stadium.

We hope that you and your teams can attend.

You can bring entry fee or mail to: Kellyville Schools, ATTN: Jim Upshaw, P.O. Box 99, Kellyville, OK 74039

Please reply if you are attending.

Thank you

Jim Upshaw

Athletic Director

[upshawj@kellyvilleschools.org](mailto:upshawj@kellyvilleschools.org)

918-625-4796 (cell)

KELLYVILLE HIGH SCHOOL TRACK MEET  
ORDER OF EVENTS

9:00 COACHES MEETING

9:30 FIELD EVENTS AND RUNNING EVENTS BEGIN

FIELD EVENTS	HIGH JUMP	GIRLS - BOYS
	LONG JUMP	BOYS - GIRLS
	SHOT	GIRLS - BOYS
	DISC	BOYS - GIRLS
	POLE VAULT	GIRLS - BOYS

RUNNING EVENTS	400 RELAY	GIRLS - BOYS
	3200 RELAY	GIRLS - BOYS
	100 HURDLES	GIRLS
	110 HURDLES	BOYS
	3200 RUN	BOYS
	800 RELAY	GIRLS - BOYS
	800 RUN	GIRLS - BOYS
	100 DASH	GIRLS - BOYS

BREAK - 20 MINUTES

	3200 RUN	GIRLS
	400 DASH	GIRLS - BOYS
	300 HURDLES	GIRLS - BOYS
	200 DASH	GIRLS - BOYS
	1600 RUN	GIRLS - BOYS
	1600 RELAY	GIRLS - BOYS