

KINGSTON MIDDLE SCHOOL INVITATIONAL

Dear Coach,

We would like to invite you to the Kingston Middle School Invitational. The date will be Monday, April 10, 2023. Rules and regulations of the OSSAA will govern. The starting time will be 10:00 a.m. and the coaches will meet in the fieldhouse at 9:15.

There will be six divisions in the meet:

Division One-6th Grade Girls
Division Two-6th Grade Boys
Division Three-7th Grade Girls
Division Four-7th Grade Boys
Division Five-8th Grade Girls
Division Six-8th Grade Boys

1. There will be an entry fee of \$70.00 per team or bring all six teams for \$390; \$14 for individuals.
2. No camps will be allowed on the football field or track oval.
3. An athlete may participate in four events.
4. Each school may have three entries in each event.
5. Medals will be given to the first five places in each event.
6. No team trophies.
7. The track is a six lane all weather surface. Short spikes only.
8. There will be no preliminaries-FINALS ONLY!
9. Make checks payable to: Kingston Schools and mail entry fees to:

Taylor Wiebener-Athletic Director
PO Box 370
Kingston, OK 73439

- In the event of inclement weather call:
 - Dewayne Taylor-580-220-8945
 - Chris McGowan-580-920-9592

Sincerely,

Taylor Wiebener
Kingston Public Schools Athletic Director

**KINGSTON MIDDLE SCHOOL INVITATIONAL
SCHEDULE OF EVENTS
10:00 AM START TIME**

RUNNING EVENTS:

400 METER RELAY
6-7-8 GIRLS 6-7-8 BOYS

3200 METER RELAY
6-7-8 GIRLS 6-7-8 BOYS

100 METER HURDLES 30"
6-7-8 GIRLS

110 METER HURDLES 33"
6-7-8 BOYS

800 METER RELAY
6-7-8 GIRLS 6-7-8 BOYS

800 METER RUN
6-7-8 GIRLS 6-7-8 BOYS

100 METER DASH
6-7-8 GIRLS 6-7-8 BOYS

400 METER DASH
6-7-8 GIRLS 6-7-8 BOYS

300 METER HURDLES 30"
7-8 GIRLS 7-8 BOYS

200 METER DASH
6-7-8 GIRLS 6-7-8 BOYS

1600 METER RUN
6-7-8 GIRLS 6-7-8 BOYS

1600 METER RELAY
6-7-8 GIRLS 6-7-8 BOYS

FIELD EVENTS:

SHOT 6-7-8 GIRLS 6-7-8 BOYS

DISCUS 6-7-8 GIRLS 6-7-8 BOYS

LONG JUMP 6-7-8 GIRLS 6-7-8 BOYS

HIGH JUMP 6-7-8 GIRLS 6-7-8 BOYS

POLE VAULT 6-7-8 GIRLS 6-7-8 BOYS