

LAVERNE 5-6/7-8 GRADE INVITATIONAL

TRACK MEET

Monday, April 10, 2023

Laverne Schools will be hosting a 5-6/7-8 grade track meet on April 10, 2023. We have an 8-lane newly resurfaced track! We wish to extend an invitation to your boys and girls teams. This will be the FINALS ONLY meet.

We will allow "B" teams at the meet this year. If you wish to enter a "B" team, you may do so at no charge; however, they will not receive points or medals. Please limit you "B" teams to 4 athletes per event. If you would like to pay another entry fee for your "B" team we will give them points and medals. A concession stand with a large variety of foods will be available to athletes and fans. Coaches will be fed at the meet.

5-6/7-8 grade Meet

Date: April 10, 2023

Divisions: Elementary (5-6) JH (7-8)

Cost: \$75 per team (\$150 Boys and Girls, \$300 for all 4 teams), \$15.00 per individual, if less than four members on a team

Coaches Meeting: 9:15 a.m.

Start Time: 10:00 a.m.

All team entries must be completed online: www.endurousa.com

Brett Trippet
C/O Laverne High School
PO Box 40
Laverne, OK 73848

If you have any questions, please call Brett Trippet (580) 628-1504 or Jenny Laverty (580) 461-9204

Laverne 5/6 and 7/8 Track Meet

April 10, 2023

9:15 a.m. Coaches Meeting

10:00 a.m. Field Events

Shot and Discus – 3 Throws

Long Jump- 3 Jumps

Shot Put	5/6 Girls (6lbs)	7/8 Boys (4K)	5/6 Boys (6lbs)	7/8 Girls (4K)
Discus	5/6 Boys	5/6 Girls	7/8 Girls	7/8 Boys
HJ (South)	7/8 Girls	7/8 Boys		
HJ (North)	5/6 Boys	5/6 Girls		
Pole Vault	7/8 Girls	7/8 Boys		
LJ (east)	7/8 Boys	5/6 Boys		
LJ(west)	5/6 Girls	7/8 Girls		

7/8 Boys and Girls will jump from the wooden board

12:00 Running Events – Timed Finals

3200 Relay	7/8 Girls, 7/8 Boys
400 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Hurdles (30")	5/6 Girls, 5/6 Boys, 7/8 Girls
110 Hurdles (33")	7/8 Boys
800 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
800 Run	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
400 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
300 Hurdles (30")	7/8 Girls, 7/8 Boys
200 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
1600 Run	7/8 Girls, 7/8 Boys
1600 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys