

2023 Liberty 5th, 6th, 7th, & 8th Grade Track Meet
Hosted @ Mounds High School Track
DATE: Monday 4/3/2023

DIVISIONS:

5th Girls, 5th Boys, 6th Girls, 6th Boys, 7th Girls, 7th Boys, 8th Girls, 8th Boys

TEAMS:

We are limiting this meet to the first 20 teams that sign up.

COST:

\$60 Per division or \$400 for All 8 Divisions

If you have 5 or less athletes in a division it is \$10 per athlete. Make Checks Payable to "Liberty Track".

TENTS:

There will be plenty of room for tents for your athletes. PLEASE no tents on the infield.

HOSPITALITY:

Provided for the Coaches

GATE:

\$5 Adults and kids 13 and up, kids 12 and under FREE. BRING LAWN CHAIRS or BLANKETS (No Seating/Stands).

MEET START:

Coaches Meeting is at 9:00AM, Field Events Start 9:30AM, and Running Begins at 10:00AM.

EVENTS:

Athletes are limited to 4 Events per athlete. Nor more than 4 Participants in each event from 1 school. There are no Finals! All events will be hand timed or measured as they compete, the top three in each event and each division will have the opportunity to medal.

AWARDS:

1st - 3rd in Each Event will Medal for each division. (Except Thrower Relay - Special Prize for 1st - 3rd)

CONTACT INFORMATION:

Coach Shane Page, Cell: (918)316-0992, email: shane.page@libertyps.org

Event List

Field Events Begin at 9:30am

Shot Put and Discus: Each Participant will get 3 Attempts and measure the furthest throw (No Finals)

LONG JUMP 8b - 8g, 7b - 7g, 6b - 6g, 5b - 5g
HIGH JUMP 7g - 7b, 8g - 8b, 5g - 5b, 6g - 6b
SHOT PUT 6g - 6b, 5g - 5b, 8g - 8b, 7g - 7b
DISCUS 5b - 5g, 6b - 6g, 7b - 7g, 8b - 8g

Running Events begin at 10:00am

4 X 100 Relay

800 Run

4 X 200 Relay

400 Run

100 Dash

PROPOSED BREAK for Lunch

200 Dash

1600 M Run

100 Hurdles

4 X 400 Relay

Thank you for attending the Liberty Track Meet!