

Lindsay Leopard HS Invitational

4/13/23

Dear Coach,

We would like to invite you to the **Lindsay Leopard Invitational** track and field meet. The meet will be **Thursday, April 13th**, with the coaches meeting beginning at 9:00 followed by the field events at 9:30 and the running events at 10:00. We have a 6 lane all weather surface and would ask that your athletes wear ¼ inch spikes. **Hospitality will be provided for all of your coaches.**

Divisions

HS Girls, HS Boys

Entry Fees

\$100 per division or \$200 per girls/boys team. \$15 for individuals (5 or less). Please make checks payable to Lindsay Public School. You can mail checks to: Lindsay Public Schools, 800 W. Creek; Lindsay, OK 73052 or bring them to the meet.

Field Events 9:30

Long jump – boys/girls
High jump – girls /boys
Shot – boys/girls
Discus – girls/boys
No Pole Vault

Awards

Medals will be given to the top **six** places in each individual event and the top three relays. Team points will be kept, but no trophy will be given.

OSSAA rules will govern the meet.

Contacts

Jake Offolter – Head boys coach	(405) 245-4622 (cell)
Miranda Edwards – Head girls coach	(405) 313-2163 (cell)
Tom Ferguson – Athletic Director	(405) 756 – 5744 (cell)

Running events 10:00

400 relay – girls/boys
3200 relay – girls/boys
100 hurdles – girls
110 hurdles - boys
3200m – girls/boys
800m relay – girls/boys
break
800m – girls/boys
100m – girls/boys
400m – girls/boys
300m hurdles – girls/boys
200m – girls/boys
Iron man relay – shot/disc
1600m – girls/boys
1600 relay – girls/boys