



LUTHER LIONS

7TH & 8TH GRADE INVITATIONAL

On behalf of Luther Public Schools, we would like to invite you and your teams to participate in our track meet. We have a very fast eight lane track at what we believe to be one of the nicest facilities around. The venue is very viewer and user friendly. This will be a timed finals meet.

DATE: Friday March 24th, 2023

TIME: Coaches meeting at 9:00a.m.
Field events will begin at 9:30a.m.
Running events will begin at 10:00a.m.

CLASS: 4A and below

PARTICIPATION: Each School is limited to three (3) participants per event.
Participants may enter no more than four (4) events.
Starting blocks will be provided.
Spike length will be 1/4" or shorter.

ENTRY FEE: Fee is \$70 per team, or \$280 for all four teams.
If less than four (4) participants from a school, the fee is \$15.00 per participant.
Please make checks payable to Luther Track.

AWARDS: Medals will be awarded for 1st – 5th place for individual events and 1st – 3rd for relays.
There will be no team scoring.

CONTACT INFO: Tyler Snedeker – (405) 513-4419 cell or
(405) 277-3263 school.

Coaches meal will be provided.
OSSAA Rules Apply

Hogback Rd

N Luther Rd

NE 178th St

High Jump

Concession & Restrooms

Luther High School

Entrance

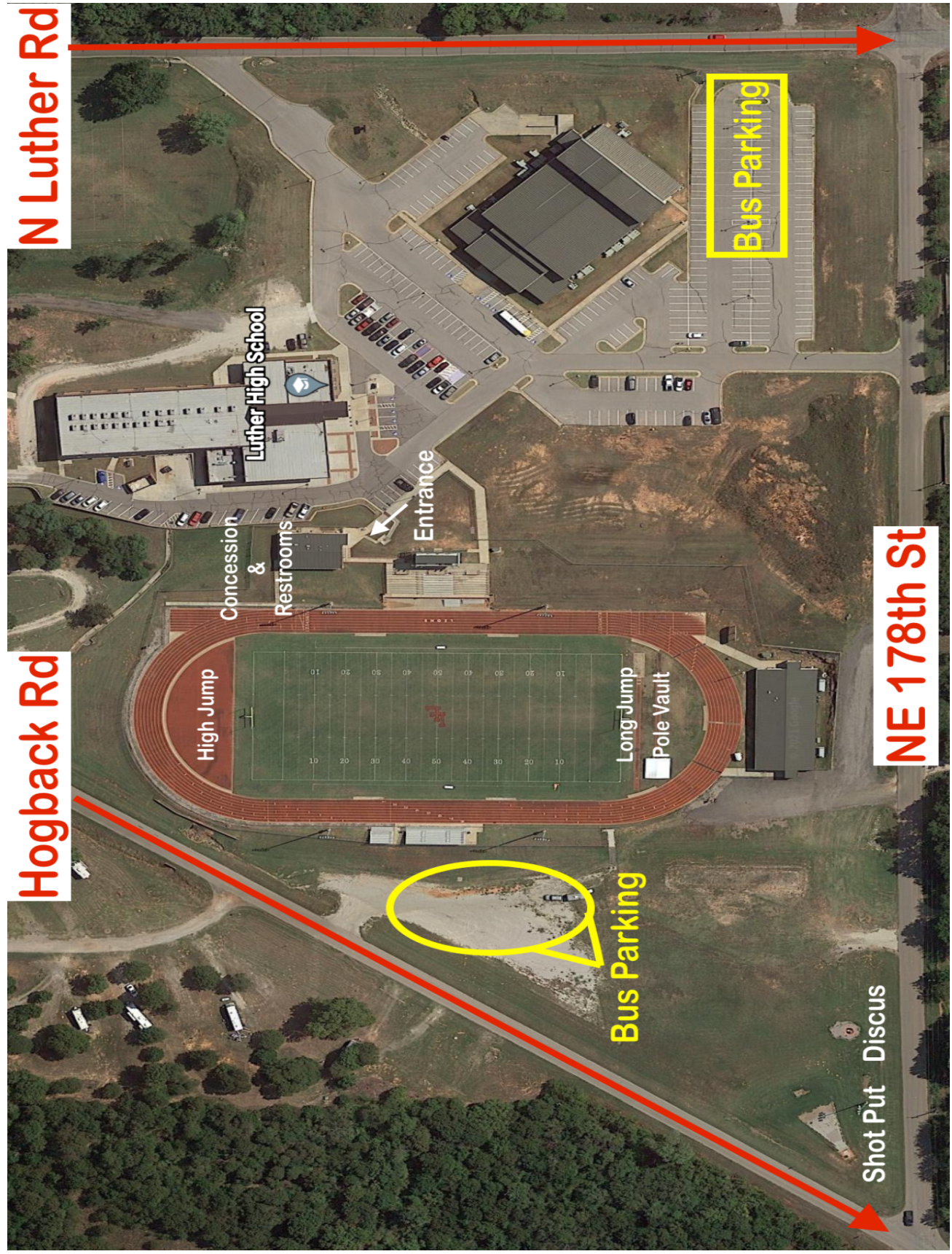
Bus Parking

Bus Parking

Shot Put Discus

Long Jump

Pole Vault



FIELD EVENTS - 9:30am

High Jump	7G-8G-7B-8B
Long Jump	7B-8B-7G-8G
Shot Put	7G-8G-7B-8B
Discus	7B-8B-7G-8G
Pole Vault	7G-8G-7B-8B

TIMED FINALS - 10:00am

400 Meter Relay	7G-8G-7B-8B
3200 Meter relay	7G-8G-7B-8B
100 Meter Hurdles	7G-8G
110 Meter Hurdles	7B-8B
800 Meter Run	7G-8G-7B-8B
100 Meter Dash	7G-8G-7B-8B

BREAK

400 Meter Dash	7G-8G-7B-8B
800 Meter Relay	7G-8G-7B-8B
300 Meter Hurdles	7G-8G-7B-8B
200 Meter Dash	7G-8G-7B-8B
1600 Meter Run	7G-8G-7B-8B
1600 Meter Relay	7G-8G-7B-8B