

# LUTHER LIONS INVITATIONAL

On behalf of Luther Public Schools, we would like to invite you and your teams to participate in our 9th Annual Luther Lions High School Invitational Meet. We have an eight lane track that we believe to be one of the nicest facilities around, and was recently resurfaced. The venue is very viewer and user friendly. This will be a timed finals meet.

DATE: Saturday April 22<sup>nd</sup>, 2023

TIME: Coaches meeting at 9:00am.  
Field events will begin at 9:30am.  
Running events will begin at 10:00am.

PARTICIPATION: 4A & below.  
Each School is limited to three (3) participants per event.  
Participants may enter no more than four (4) events.  
Starting blocks will be provided.  
Spike length will be 1/4" or shorter.

ENTRY FEE: Fee is \$100 per team, or \$200 for both teams.

If less than four (4) participants from a school, the fee is \$15.00 per participant.  
Please make checks payable to Luther Track.

ON-LINE ENTRIES  
AND DEADLINE:

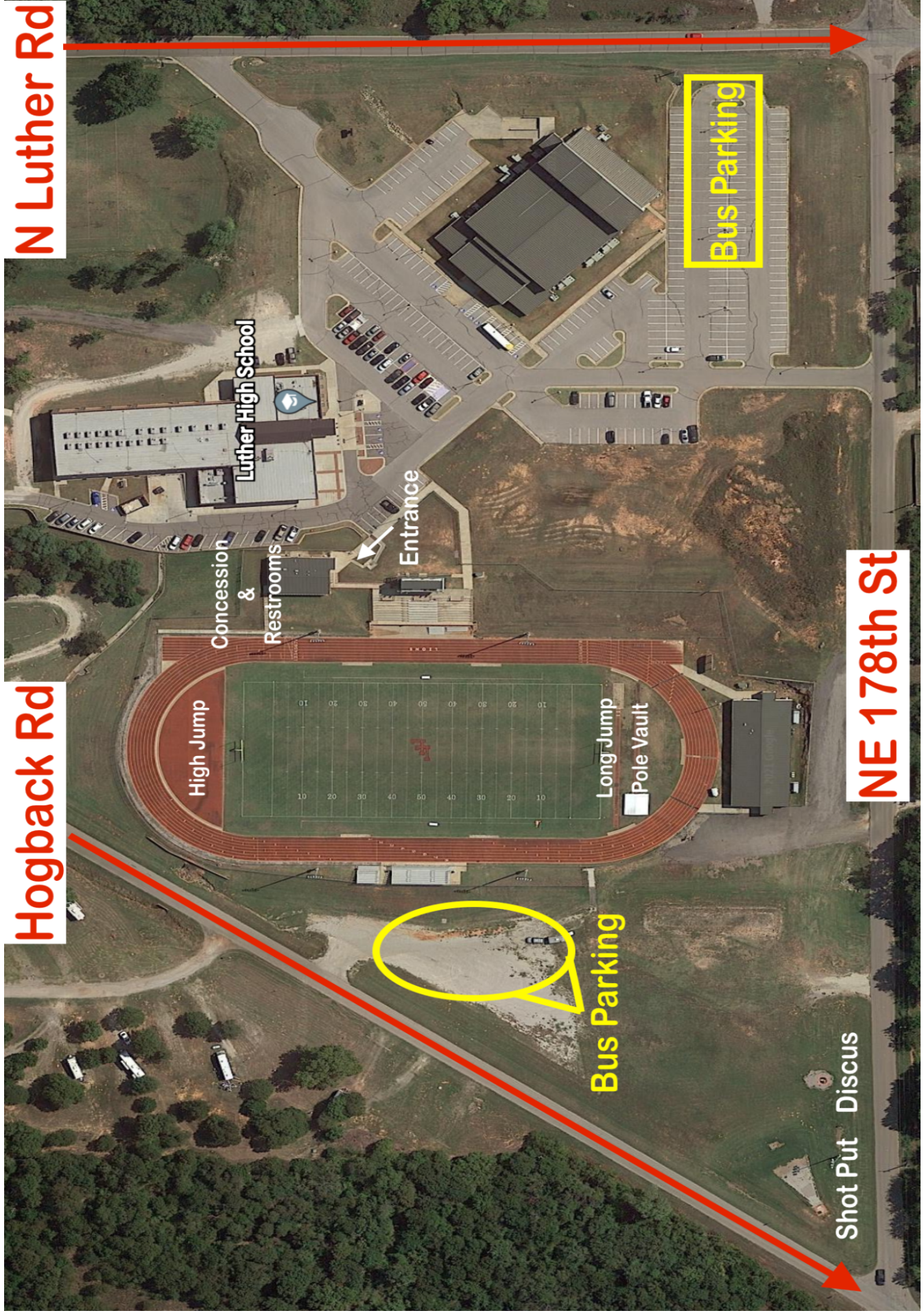
Enter all athletes at: [www.enduroentries.com](http://www.enduroentries.com)  
Deadline: April 20<sup>th</sup> @5pm (Thursday)  
Late entries can NOT be accepted this year.  
You must complete ALL Five (5) of the on-line entry steps to be entered.  
Our timing crew can NOT add teams at the meet that were not entered correctly.  
Please text or call to reserve your team's place to compete at our track meet.

AWARDS: Medals will be awarded for 1<sup>st</sup> – 3<sup>rd</sup> place  
Championship & Runner-up Plaque for each division

CONTACT INFO: Tyler Snedeker – (405) 513-4419 cell or  
(405) 277-3263  
Coaches meal will be provided.  
OSSAA Rules Apply

Hogback Rd

N Luther Rd



Luther High School

Concession  
&  
Restrooms

Entrance

High Jump

Long Jump

Pole Vault

Bus Parking

Bus Parking

Shot Put Discus

NE 178th St

**NO CAMPS  
or SPECTATORS  
WILL BE  
ALLOWED  
ON THE  
IN-FIELD**

**IN-FIELD  
IS FOR  
WARM-UPS  
ONLY!**

# ORDER OF EVENTS

## FIELD EVENTS - 10:00am

High Jump	Girls - Boys
Long Jump	Boys - Girls
Shot Put	Girls - Boys
Discus	Boys - Girls
Pole Vault	Girls - Boys

## TIMED FINALS - 10:30am

400 Meter Relay	Girls - Boys
3200 Meter relay	Girls - Boys
100 Meter Hurdles	Girls (33")
110 Meter Hurdles	Boys (39")
3200 Meter Run	Boys
800 Meter Relay	Girls - Boys
800 Meter Run	Girls - Boys
100 Meter Dash	Girls - Boys

## BREAK

3200 Meter Run	Girls
400 Meter Dash	Girls - Boys
300 Meter Hurdles	Girls (30")
300 Meter Hurdles	Boys (36")
200 Meter Dash	Girls - Boys
1600 Meter Run	Girls - Boys
1600 Meter Relay	Girls - Boys