



Clark Bass Track and Field Invitational

March 31st, 2023

Hook Eales Stadium McAlester, OK



McAlester High School welcomes you to our renewed annual Clark Bass Invitation to be held at our newly resurfaced eight lane all-weather track facility located at Hook Eales Stadium. The meet will be a timed finals event. Schedule is enclosed.

15 Team Limit! Please call in advance to ensure your spot in the meet.

Online Entry Deadline: All Entries are DUE by THURSDAY March 30th, 1PM No Exceptions

ATTENTION COACHES: the On-line Entry DEADLINE is: **Thursday, March 30th @ 1pm.**

((The meet will be CLOSED at 1pm!)) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "**ENTRIES Window**" – including the "**Verification Step**". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com

Entry Fee: \$100 for each boys and girls team; \$15 per individual if less than (4) members. Make checks payable to McAlester Athletic Department.

Divisions: There will be (2) divisions; varsity boys and varsity girls. 5A-below

Parking: Stadium is located at 1310 N 6th Street. Please park your bus east of indoor.

Time: All teams should report to the stadium by 9:00am for a coaches meeting at the indoor facility. Field Events will start at 9:30am. Running Events will begin at 10:00am.

Event Check In: See Order of Events

Weigh In: All implements will need to be weighed in prior to competition. Weigh in will be inside the indoor facility.

Limitations: Each contestant is limited to FOUR (4) events including relays. Each school is limited to THREE (3) entrants in each event and one(1) entry in relay events.

Awards: Trophies will be awarded to the 1st and 2nd place in both divisions. Medals will be awarded to 1st thru 3rd in all events.

Scoring: Awarded to 1st thru 6th places, 10-8-6-4-2-1 for individuals, relays will be doubled.

Equipment: Blocks will be provided. ¼", or shorter, spikes are required.

OSSAA RULES APPLY

Please feel free to contact us with any questions.

Head Track Coach : Johnny Skimbo

(918) 465-6587 jskimbo@mcalester.k12.ok.us

Director of Athletics: James Singleton

(918) 774-5792 jsingleton@mcalester.k12.ok.us



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Order of Events

Running Events

Begin at 10:00am

400 Relay Girls-Boys
3200m Relay Girls-Boys
100m Hurdles Girls
110m Hurdles Boys
3200m Run Boys
800m Relay Girls-Boys
800m Run Girls-Boys
100m Dash Girls-Boys

Proposed 30 minute break

3200m Run Girls
400m Dash Girls-Boys
300m Hurdles Girls-Boys
200m Dash Girls-Boys
1600m Run Girls-Boys
1600m Relay Girls-Boys

Field Events

Begin at 9:30am

High Jump Girls-Boys
Long Jump Boys-Girls
Discus Girls-Boys
Shot Boys-Girls
Pole Vault Girls- Boys

- All athletes have been assigned a competitor number. Athletes shall write their competitor number on his or her right hand, which will be used during the event check-in process.
- Athletes in lane running events need to check in at the north end of the track 30 minutes prior to their event(s).
- Athletes in non-lane running events need to check in at the start line.
- Field event athletes will check in at the event site(s).
- Coaches-let us know how many coaches you will be bringing for Coaches Feed.