



2023 KEN HOGAN INVITATIONAL

Hosted By Moore Track

Let me take the time to invite you to the Ken Hogan Invitational meet to be held on Friday March 10th, 2023. This has been a great track meet in the past and we look forward to continuing its great tradition. Please consider attending our track meet. **If you wish to attend, you must email me at stefanseifried@mooreschools.com to receive an invitation code to add meet to your schedule (Step #2) on trackroster.com. We will only allow 10 teams. This is a **SEEDED ENTRY MEET**, please read all the information below carefully.**

ATTENTION COACHES: the On-line Entry DEADLINE is: **Thursday, March 9th @ 12pm.**

((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "**ENTRIES Window**" – including the "**Verification Step**". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com

Entry Fee: \$100.00 per team or \$190.00 for both boys and girls.

Make checks payable to Moore Public Schools and bring with you or send to

Moore Athletics
1500 SE 4th Street
Moore, Ok 73160

Event Entries will be limited to three individuals and one relay team per school.

All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.

Buses need to park in the lot west of the track, by the gym.

Awards will be given to top three in each event along with a team champion and runner up.

Points will be awarded as follows. Individual 10 / 8 / 6 / 4 / 2 / 1
Relays 20 / 16 / 12 / 8 / 4 / 2



"The entry deadline for this meet is Thursday March 9th 2023, at 12:00pm. This is a Seeded Entries meet."

Coaches Meeting: 10:00am
Field Events: 10:15am
Running Events: 10:45am

Order of Events

FIELD EVENTS 10:15am START TIME

SHOT PUT GIRLS, BOYS
DISCUS BOYS, GIRLS
HIGH JUMP BOYS, GIRLS
POLE VAULT BOYS, GIRLS
LONG JUMP GIRLS, BOYS

RUNNING EVENTS 10:45am START TIME

4X100 RELAY GIRLS, BOYS
4X800 RELAY GIRLS, BOYS
100m HURDLES GIRLS 110m HURDLES BOYS
100m DASH GIRLS, BOYS
3200 RUN GIRLS, BOYS
4X200 RELAY GIRLS, BOYS
800m RUN GIRLS, BOYS
400m RUN GIRLS, BOYS
300m HURDLES GIRLS, BOYS
200 DASH GIRLS, BOYS
1600m RUN GIRLS, BOYS
Thrower Relay (4x100) THROWERS ONLY
4X400 RELAY GIRLS, BOYS