

The Jerry Brady Invitational

Norman High School – Norman, OK

Saturday, March 25, 2023

On behalf of the Norman Public Schools, we would like to extend an invitation to participate in our boys and girls track meet. The meet will be held on Saturday, March 25, 2023.

IMPORTANT: you must e-mail to verify that you are coming and if there is still room.

This is a **“Roster ENTRIES” meet**. Please read all the information below carefully.

E-mail Coach Monnard to confirm entry and that there is still

room: smonnard@norman.k12.ok.us

ATTENTION COACHES: the On-line Entry DEADLINE is: **Friday, March 24th @ 1pm.**

((The meet will be CLOSED at 1pm!)) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the **“ENTRIES Window”** – including the **“Verification Step”**. If the “Verification Step” is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - **NO exceptions.** - - - Please log into your **ENDURO USA™** account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com

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PREVIEW window: **Immediately before you depart for our meet, please view our meet’s PREVIEW window for any last minute changes that effect the meet.**

To find our meet’s PREVIEW window, click on our meet in the “Student Meets and Events LIST” (on the right side of the window) after you log into your account.

9:15 Coaches meeting (in hospitality room)

10:00 Field events begin

10:15 Running events begin

General:

- There will be 4 divisions, boys and girls
- Limitations: 4 event limit per contestant; each school may enter 3 individuals per event
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled
- Participants must wear ¼” or less spikes.
- Contestants will need to check-in at the heating benches
- Awards may be picked up at the press box following 1600-meter relay
- Plaques will be awarded to the winning teams in each division
- Medals will be awarded to the top 3 places
- Shot/Disc/Long Jump will get 3 attempts in prelims; top 8 will get 3 more attempts in finals
- \$75.00 for each boys and girls team. \$15 per individual if 5 or less team members

Entry Fee: \$75.00 per team. Make checks to: Alcott Middle School

Mail payment to: Alcott Middle School

Attn: Scot Monnard

1919 W. Boyd Street

Norman, Okla. 73069 (405) 366-5845

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Saturday, March 25, 2023

SCHEDULE OF EVENTS

9:15 Coaches Meeting (in hospitality room)

10:00 Field Events

10:15 Running Events (timed finals)

Field Events 10:00

High Jump	Girls-Boys
Long Jump	Boys-Girls
Discus	Girls-Boys
Shot	Boys-Girls
Pole Vault	Boys-Girls

Running Events 10:15

4 x 100 Relay	Girls-Boys
4 x 800 Relay	Girls-Boys
100 Hurdles	Girls (30)
110 Hurdles	Boys (33)
3200 Run	Girls-Boys
4 x 200 Relay	Girls-Boys
800 Dash	Girls-Boys
100 Dash	Girls-Boys
400 Dash	Girls-Boys
300 Hurdles	Girls (30)
300 Hurdles	Boys (30)
200 Dash	Girls-Boys
1600 Run	Girls-Boys
4 x 400 Relay	Girls-Boys