## **Oklahoma Bible Academy**

### Middle School Invitational Track Meet

#### **One Division**

Oklahoma Bible Academy would like to invite you and your school to participate in our track meet. We have a resurfaced eight lane track in Enid, OK. This will be a timed finals meet. We will accept the first 10 schools that enroll.

Date: Monday March 27<sup>th</sup>, 2022

Time: Coaches Meeting at 9:30 a.m.

Class: 2A and below

Participation: Each school is limited to three (3) scoring participants per

event.

Participants may enter no more than 4 events. Starting

blocks will be provided.

1/4" or less pyramid spikes will be required in the running

and jumping events.

Entry Fee: Fee is \$75 per team or \$150 for both teams.

If less than four (4) participants from a school, the fee is

\$15 per participant.

Please make checks payable to Oklahoma Bible Academy. Enter teams on <a href="http://www.endurousa.com/">http://www.endurousa.com/</a>. On-line

Entry Deadline: Thursday, March 23<sup>rd</sup> @ 5 pm.

Awards: Medaling will be 1<sup>st</sup>-3<sup>rd</sup> for Relays and 1<sup>st</sup>-5<sup>th</sup> for Individual

and Field Events.

There will be no medals for team scoring.

Contact Info: Alan Ford <u>aford@oklahomabible.com</u>

A Coaches meal will be provided. Concession stand will be available.

**OSSAA Rules Apply** 

# FIELD EVENTS – 10:00 am

| High Jump | Girls - Boys |
|-----------|--------------|
| Long Jump | Boys - Girls |
| Shot Put  | Girls - Boys |
| Discus    | Boys - Girls |

## TIMED FINALS – 10:30 am

| 400 Meter Relay   |       | Girls - Boys |
|-------------------|-------|--------------|
| 3200 Meter Relay  |       | Girls - Boys |
| 100 Meter Hurdles |       | Girls        |
| 110 Meter Hurdles |       | Boys         |
| 800 Meter Run     |       | Girls - Boys |
| 100 Meter Dash    |       | Girls - Boys |
|                   | BREAK |              |
| 400 Meter Dash    |       | Girls - Boys |
| 800 Meter Relay   |       | Girls - Boys |
| 300 Meter Hurdles |       | Girls - Boys |
| 200 Meter Dash    |       | Girls - Boys |
| 1600 Meter Run    |       | Girls - Boys |
| 1600 Meter Relay  |       | Girls - Boys |
|                   |       |              |