





OKLAHOMA CITY UNIVERSITY STARS MILE NIGHT 2023

FRIDAY, MAY 19TH • PRIBIL STADIUM AT BISHOP MCGUINNESS CATHOLIC HIGH SCHOOL

Events and Schedule	Event schedule below is tentative. The final schedule will be determined by the number of entries, and will be released the week of the event. With the exception of the Elementary School 800m, all events will be one mile.
Registration Deadline	All seeded entries must be submitted by Wednesday, May 17th, at 11:59 PM. Late entries will be accepted on a case-by-case basis.
Entry Fee	Simon Greiner Foundation is covering registration fees for all elementary school participants. The other races are priced as follows, and includes a commemorative event item (event shirt, backpack, hat, etc... details will be announced at a later date): Middle School - \$15 per runner High School and Elite/Collegiate - \$20 per runner Adult/Open - \$25 per runner Spectator entry - FREE
Heat Sheets	Heat sheets and target times for each heat will be announced as early as possible after registration closes, no later than Thursday, May 18th, at 9 PM.
Entry Standards	Elite standards are 4:15 for men, 4:55 for women. Please make sure to include an honest seed time when registering, this is how we will build heat sheets and give every runner the best possible shot at a fast time. All high school-aged athletes will be placed in high school heats. We are exploring the option of having pacers for each heat's target time to provide an environment conducive to fast time.
Packet Pickup	Packet pickup will be on-site at Bishop McGuinness Catholic High School's Pribil Stadium. Packet pickup will begin one hour prior to the first race and will close 15 minutes before each race's start time.
Results	Results will be published as soon as possible after the last event at ohstrack.com and TFRRS.com .



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TENTATIVE SCHEDULE

Packet pickup opens (all heats) 5:30 PM

Elementary School 800m (1 heat) 6:30 PM
Packet pickup closes at 6:15 PM

Girls' Middle School Mile (1 - 2 heats) 6:40 PM
Packet pickup closes at 6:25 PM

Boys' Middle School Mile (2 heats) 7:00 PM
Packet pickup closes at 6:45 PM

Adult Open Mile (2 heats) 7:30 PM
Packet pickup closes at 7:15 PM

Girls' High School Mile (2 - 3 heats) 8:00 PM
Packet pickup closes at 7:45 PM

Boys' High School Mile (3 - 4 heats) 8:30 PM
Packet pickup closes at 8:15 PM

Elite Women's Mile (1 heat) 9:20 PM
Packet pickup closes at 9:05 PM

Elite Men's Mile (1 heat) 9:30 PM
Packet pickup closes at 9:15 PM