



OKCPS TRACK MEET

OKCPS TRACK AND FIELD INVITATIONAL

SATURDAY, APRIL 15, 2023 AT SPEEGLE STADIUM
HOSTED BY CAPITOL HILL HIGH SCHOOL



OKCPS Invitational

HOSTED BY: Capitol Hill High School

- DATE:** Saturday, April 15, 2023
- COST:** \$100 per team/ \$160 for boys and girls
- TIME:** Coach Meeting . 9:00am, Field Events . 9:30am, Running Events . 10:00am
- ENTRY FEE:** **Make check payable to OKCPS** and mail to:
Oklahoma City Public Schools
Attention: Athletics
P.O. Box 36609
Oklahoma City, OK 73136
- VENUE:** Speegle Stadium-Capitol Hill High School:
500 SW 36th St Oklahoma City, OK 73109
- ENTRY INFO:** Once the INVITATION CODE is received, it will be sent it to COACHES.
- ATTENTION:** Schools planning to attend must submit their entries on endurousa.com - - -
Complete ALL steps on the %Entries Window+including the %VERIFICATION+step.
If the %erification+step is not complete your entries will NOT be accepted. The
online entry deadline for this meet is: Thursday, April 13, 2023 by 5:00pm. If you
need assistance with your ENDURO USA account contact Kevin McWatters at:
kevin@runenduro.com
- DIVISIONS:** Class 2A . 6A
- SCORING:** Individual Events: 10-8-6-4-2-1; Relay Events 20-16-12-8-4-2
- AWARDS:** Medals to top five individuals and top three relays in each division.
Team Champion and Team Runner-Up trophy for each division.
- ENTRIES:** Athletes are limited to four events
- FIELD EVENTS:** Each athlete will be given six throws and six jumps
- CONCESSIONS:** Concessions will be available in the South Concession Stand
- HOSPITALITY:** Lunch will be served to all coaches and event workers
- TEAM CAMPS:** Team camp areas will be allowed outside of the chain fence
- CONTACTS:** Greg Adams Phone: 405-888-7008 Email: gaadams@okcps.org



OKCPS Invitational

ORDER OF EVENTS

DATE: Saturday, April 15, 2023

FIELD EVENTS: **9:30AM**

SHOT PUT: Boys - Girls

DISCUS: Girls . Boys

LONG JUMP: Boys - Girls

HIGH JUMP: Girls - Boys

POLE VAULT: Boys - Girls

RUNNING EVENTS: **10:00AM**

400m Relay Girls - Boys

3200 Relay Girls - Boys

100M Girls Hurdles Girls

110M Boys Hurdles Boys

3200 Boys Run Boys

4 x 200 Relay Girls - Boys

800M Run Girls - Boys

100M Dash Girls - Boys

3200 Girls Run Girls

400M Dash Girls - Boys

300 Low Hurdles (G) Girls

300 Inter. Hurdles (B) Boys

200M Dash Girls - Boys

1600M Run Girls - Boys

4 x 400 Relay Girls - Boys