

Jack Hayes Invitational Track Meet

Friday, March 24th, 2023

We have a brand new, resurfaced, 6 lane all weather track, resurfaced long jump and pole vault runways, new long jump take off board, new high jump pit, and a new pole vault pit.

We would like to invite you to the annual **Jack Hayes Invitational Track and Field Meet**. The meet will be held on **Friday, March 24th, 2023**, with the coaches meeting beginning at 9:00 A.M. The field events will start at 9:30 A.M. and the running events at 10:00 A.M. Hospitality will be provided for all of your coaches.

Entry Fee: \$100 per division, \$50 for B teams, and \$15 for individuals (4 or less). Please make checks payable to Pauls Valley Athletics. You can mail checks to: ATTN. Gary Chaffin, Pauls Valley Public Schools, P.O. Box 780, Pauls Valley, OK 73075 or bring the check to the meet. ****Please text or email Coach Caldwell if you plan to attend****

Awards: Medals will be given to the top six (6) places in each event, including relays. Team scores will be kept and team champion plaques will be awarded in each division.

OSSAA rules will govern the meet

Contacts:

Head Coach- Ryan Caldwell

Cell Phone: (405) 207-3692

Email: rcaldwell@pvps.us

Athletic Director- Gary Chaffin

Cell Phone: (580) 641-0885

Email: gchaffin@pvps.us

School Phone: (405) 238-6497

Order of Events

Field Events at 9:30

Long Jump- Boys /Girls

High Jump- Girls/Boys

Shot Put- Boys/ Girls

Discus- Girls/Boys

Pole Vault- Boys/Girls

Running Events at 10:00

400 m Relay- Girls/Boys

3200 m Relay- Girls/Boys

100 m Hurdles- Girls

110 m Hurdles- Boys

3200 m Run- Girls

800 m Relay- Girls/Boys

800 m Run- Girls/Boys

100 m Dash- Girls/Boys

3200 m Run- Boys

400 m Dash- Girls/Boys

300 m Hurdles- Girls/Boys

200 m Dash- Girls/Boys

1600 m Run- Girls/Boys

1600 m Relay- Girls/Boys