

JERRY RUNYAN WILDCAT RELAYS  
THURSDAY APRIL 6, 2023  
PONCA CITY HIGH SCHOOL  
PONCA CITY, OK

On behalf of the Ponca City Public Schools and the Ponca City Athletic Department, we would like to extend to you and your teams an invitation to participate in our boys and girls track meet on Thursday, April 6, 2023. The following will give you the information you need for the meet

This is an "Invitation Meet". This is a SEEDED MEET. Once I receive the INVITATION CODE. I will send it to COACHES. ATTENTION COACHES: the On-line Entry DEADLINE is: Wednesday, April 5th @ 1pm.,(((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "ENTRIES Window" – including the "Verification Step". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: [www.endurousa.com](http://www.endurousa.com) - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: [cara@runenduro.com](mailto:cara@runenduro.com) Event Entries will be limited to three individuals and one relay team per school. All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.

**TIME:** 9:00 a.m. coaches meeting Robson Fieldhouse. Field events will begin at 9:30 a.m. and running events at 10:00 a.m.

**DIVISIONS:** There will be four (4) divisions if warranted: 6A/5A Boys and Girls (Division I) and 4A/Below Boys and Girls (Division II). Any B team will participate in the same division as their varsity.

**ENTRY FEE:** \$100.00 for each boys and girls team. \$15 per individual if less than four (4) members on a team.

**BUS PARKING:** Bus parking will be in the NW corner of the stadium. It is the grass lot NW of the football field.

**LIMITATIONS:** We are limiting entries to 10 teams per division. Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Three (3) throws will be in the shot and discus and three (3) jumps in the long jump with the top eight (8) going to the finals. There will be girls' pole vault in all divisions. All events will be timed finals.

**MEDALS:** Awarded to 1st, 2nd, and 3rd in all events.

**PLAQUES:** Awarded to 1st place teams in all divisions.

**TEAM POINTS:** Awarded to 1st through 6th places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

**EQUIPMENT:** PoHi will furnish all starting blocks to contestants. 1/4" or shorter spikes are required.

**OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY**

Steve McHenry  
Boys Track Head Coach  
E-mail: [mchens@pcps.us](mailto:mchens@pcps.us) 580-716-7448

Brad Parent  
Head Coach Girls Track  
E-mail: [parenj@pcps.us](mailto:parenj@pcps.us) 580-716-2722

Jerry Runyan Wildcat Relays  
April 6, 2023

School \_\_\_\_\_

Coach \_\_\_\_\_

Phone No. \_\_\_\_\_

Divisions:

Large School \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

Small School \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

\$100.00/Division - \$15/Individual if less than four (4) members on a team.

Send confirmations & payment to: Jason Leavitt, AD Ponca City Schools 613 E. Grand Ponca City, OK  
74601 (580) 718-3890 Fax: (580) 767-8077

**Email:** [higgir@pcps.us](mailto:higgir@pcps.us)

PLEASE EMAIL YOUR ENTRY IN A.S.A.P.!!!

FIELD EVENTS 9:30 A.M.

High Jump	Boys Div I, Boys Div II, Girls Div I, Girls Div II
Long Jump	Girls Div I, Girls Div II, Boys Div I, Boys Div II
Shot Put	Girls Div II, Girls Div I, Boys Div II, Boys Div I
Discus	Boys Div II, Boys Div I, Girls Div II, Girls Div I
Pole Vault	Boys Div II, Boys Div I, Girls Div II, Girls Div I

TIMED FINALS 10:00 A.M.

400 Meter Relay	Girls, Boys
3200 Meter Relay	Girls, Boys
100 Meter Hurdles	(33") Girls
110 Meter Hurdles	(39") Boys
3200 Meter Run	Boys
4x200 Meter Relay	Girls, Boys
800 Meter Run	Girls, Boys
100 Meter Dash	Girls, Boys
3200 Meter Run	Girls
400 Meter Run	Girls, Boys
300 Meter Hurdles	(30") Girls
300 Meter Hurdles	(36") Boys
200 Meter Dash	Girls, Boys
1600 Meter Run	Girls, Boys
1600 Meter Relay	Girls, Boys