

Porter Pirate Invitational Track Meet

Porter High School

Divisions: HS Girls
HS Boys

Date/Time: Thursday, March 23, 2023
9:30 a.m. Coaches Meeting
9:45 a.m. Field Events **(NO Pole Vault)**
10:45 a.m. Running Events

Entry: \$100 for each division
\$200 for boys & girls teams.
\$20 for individuals (4 or less)
B teams or JV teams are allowed to compete free. However, additional entry is required to medal and score.

****All teams entries must be completed online at www.endurousa.com. Only team rosters will be needed. Races will be heated at the meet.**

ATTENTION COACHES: (((The meet will be CLOSED at 1pm!))) No late entries accepted. --- Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the “ENTRIES Window” – including the “**Verification Step**”. If the “Verification Step” is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. --- NO exceptions. --- Please log into your ENDURO USA™ account at: www.endurousa.com --- If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com.

Online entries due by Monday, March 20, 2023 at 1:00 p.m.

Entry Confirmation: Please contact Chris Sherwood, csherwood@porter.k12.ok.us or at (918) 360-4532 or Kelly Husted at khusted@porter.k12.ok.us or at (918) 441-2787 for confirmation. We will contact all confirmed schools in the event of inclement weather. **This track meet is for Class A and 2A ONLY and is limited to the first 12 confirmed schools.**

Mail Checks to: Porter Public Schools
Attn: Track Entry
PO Box 120
Porter, OK 74454

Awards: Medals will be given to the top 3 places in each event. Team awards for champion and runner-up.

Hospitality: Provided for coaches only in the safe room located at the field.

OSSAA rules and scoring apply. Short spikes only: 1/8 and 1/4 pyramid spikes only. No Christmas tree or needle spikes. Please do not use tape on the track.

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Schedule of Events:

9:30 a.m. Coaches meeting in the football saferoom.

9:45 a.m. Field Events(NO Pole Vault)

Long Jump: Boys, Girls

High Jump: Girls, Boys

Shot Put: Boys, Girls

Discus: Girls, Boys

Note: Shot Put, Discus and Long Jump will have 3 attempts each with the top 8 advancing to the finals for 3 additional attempts.

10:45 a.m. Running Events (Girls division followed by boys.)

400 Relay

3200 Relay

100 Hurdles – Girls

110 Hurdles – Boys

100 Dash

3200 Run – Boys

800 Relay

3200 Run – Girls

****Proposed Break 30 minutes****

800 Run

400 Dash

300 Hurdles

200 Dash

1600 Run

1600 Relay

Limitations: Each contestant is limited to 4 events including relays. Each team is limited to 3 contestants per event and only 1 team per relay.