



**2023 Putnam City Middle School
Thursday April 13th
5300 N.W. 50th Warr Acres, Oklahoma**

This meet is open to the first **10 teams**.. ATTENTION COACHES: **On-line Entry DEADLINE** is: **Wednesday, April 12th @ 1pm**. The meet will be **CLOSED at 1pm**. No late entries accepted. "Schools submit their entries on the **ENDURO USA.com** by completing **ALL** the necessary steps on the "**ENTRIES Window**" including the "**Verification Step**". If the "**Verification Step**" is not completed, students are not entered in the meet. If your team-school does not complete **ALL** the necessary steps, your school-team can **NOT** be entered manually by our timing crew at the meet. **NO exceptions**.

ENDURO USA account Info: contact Cara Branson at: cara@runenduro.com

- **Event Entries will be limited to three individuals and one relay team per school.**

All running events will be timed finals. **FAT timing** will be provided by ENDURO TIMING SYSTEMS

Meet Director: John Miller
Email: JohnM@putnamcityschools.org
Estimated SCHEDULE:

- COACHES' MEETING: 3:00p.m. WEST ENDZONE
- FIELD EVENTS: 3:30pm
- RUNNING EVENTS: 4:00pm (Rolling Schedule)

DIVISIONS: 7th Grade Boys-Girls, 8th Grade Boys-Girls

SCORING: Individual Events: 10-8-6-4-2-1; Relay Events: 20-16-12-8-4-2

AWARDS: Team: Champion for each 7th-8th Boys and Girls Division Champion
Individual and Relays: Top three places in each event

FIELD EVENTS:

Each athlete will be given 2 practice and 3 recorded throws & jumps.

CONCESSIONS: Concessions will be available

ADMISSION: Admission is \$5.00 per person. O.S.S.A.A Coaches passes will be accepted.

BUS PARKING: N.E Corner of the Stadium in front of Baseball field.

TEAM CAMP AREA: around the outside perimeter of Track **NO CAMPING IN STAND**

ENTRY FEE: \$70 per division / \$280 for BOTH (7th - 8th girls and boys teams).



Order of Running Events:
(Timed Finals Beginning at 4:00pm)

4x100m Relay		7G/7B-8G/8B
4x800m Relay	Combine	7G/7B-8G/8B
100m low Hurdles (30")		7G/8G
110 m Int. Hurdles (30", 33")		7B/8B
100m Dash		7G/7B-8G/8B
800m	Combine	7G/7B-8G/8B
800m Relay (200)		
7G/7B-8G/8B		
400m Run		7G/7B-8G/8B
300m Hurdles		7G/7B-8G/8B
1600m Run	Combine	7G/8B-8G/7B
1600m Relay		7G/8B-8G/7B

Order of Field Events:
(Beginning at 3:30-3:45p.m.)

Shot Put	8B, 7B, 8G, 7G (3 Record throws only)
Discus	7G, 8G, 8B, 7B (3 Record throws only)
Long Jump	8B, 8G, 7B, 7G (3 Record jumps only)
High Jump	7B, 7G, 8B, 8G (3 Record Jumps only)

****NO POLE VAULT****

800m,1600m,3200m will be combine when convenient



PUTNAM CITY MIDDLE SCHOOL TRACK MEET
Thursday, April 13th
2023 INVOICE

TEAM: _____

AMOUNT OWED: _____

PUTNAM CITY MS TRACK MEET ENTRY FEE:

PRICE INCREASE DUE TO UPDATED CHARGE FOR TIMING SERVICE

\$70.00 per division /\$280.00 for all 4 divisions

Mail Payment to:

Putnam City High School
Attn: PCO Track and Field
5300 N.W. 50th, Warr Acres,
Oklahoma. 73122

Please send form with check thank you

This meet is open to the first **10 teams** that are interested in attending. If you plan on attending contact coach miller below.

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on Runenduroussa.com by completing **Steps 1 - 5**. The entry **DEADLINE** for this meet is **Wednesday April 12th by 5:00pm**. This is a **SEED** meet. Log into your middle school account at **www.runenduroussa.com NO LATE ENTRIES**