

Patriot High School Invitational

Saturday March 4, 2023 @ Putnam City West High School

Two Divisions – High School Girls and High School Boys

- COACHES' MEETING – 9:30am
- FIELD EVENTS – 10:00am
- RUNNING EVENTS – 11:00am

Schools planning to attend this meet must submit their entries on runendurouosa.com by completing all necessary steps. Entry deadline for this meet is 5:00pm Friday, March 3rd. This is a Roster Only meet.

SCORING – 10-8-6-4-2-1 / 20-16-12-8-4-2

AWARDS – Individual: 1-3 medal / Relays: 1-3 / Team: Champion in each division

FIELD EVENTS – Each athlete will be given three throws/jumps.

CONCESSIONS / ADMISSION – Concession stand will be open. Admission will be charged for spectators.

ENTRY FEE – HS Boys - \$100 HS Girls - \$100 JV Boys/Girls - \$50

Checks Payable to: PCW Track

Putnam City West High School

8500 NW 23rd St

Oklahoma City, OK 73127

We hope you can join us this year. Please e-mail Coach Thompson (Tylert@putnamcityschools.org) if you plan to attend. Include what divisions you wish to enter.

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4 x 100 Relay Girls/Boys

4 x 800 Relay Girls/Boys

100m Hurdles Girls

110m Hurdles Boys

100m Dash Girls/Boys

3200m Run Girls/Boys

4 x 200 Relay Girls/Boys

800m Run Girls/Boys

400m Dash Girls/Boys

300m Hurdles Girls/Boys

200m Dash Girls/Boys

1600m Run Girls/Boys

4 x 400 Relay Girls/Boys

Shot Put: Girls/Boys

Discus: Boys/Girls

High Jump: Boys/Girls

Long Jump: Girls/Boys

Pole Vault: Boys/Girls