

# Patriot Middle School Classic

Tuesday March 7, 2023 @ Putnam City West High School

Four Divisions – 7<sup>th</sup> grade girls, 7<sup>th</sup> grade boys, 8<sup>th</sup> grade girls, 8<sup>th</sup> grade boys

- COACHES' MEETING – 8:30am
- FIELD EVENTS – 9:00am
- RUNNING EVENTS – 11:00am

**Schools planning to attend this meet must submit their entries on [runenduroussa.com](http://runenduroussa.com) by completing all necessary steps. Entry deadline for this meet is 5:00pm Sunday, March 5<sup>th</sup>. This is a Roster Only meet.**

**SCORING** – 10-8-6-5-4-3-2-1 / 20-16-12-10-8-6-4-2

**AWARDS** – Individual: 1-3 medal / Relays: 1-3 / Team: Champion in each division

**LIMITATIONS** – Athletes are limited to four events total. Teams are limited to three participants per event. Teams are also limited to one relay team per relay race.

**FIELD EVENTS** – Each athlete will be given three throws/jumps and there will be no finals.

**CONCESSIONS / ADMISSION** – Concession stand will be open. Admission will be charged for spectators.

**ENTRY FEE** – 7<sup>th</sup> girls - \$60 7<sup>th</sup> boys -- \$60 8<sup>th</sup> girls -- \$60 8<sup>th</sup> boys -- \$60

OR \$200 for all four teams

Checks Payable to: PCW Track

Putnam City West High School

8500 NW 23rd St

Oklahoma City, OK 73127

We hope you can join us this year. Please e-mail Coach Thompson ([Tylert@putnamcityschools.org](mailto:Tylert@putnamcityschools.org)) if you plan to attend. Include what divisions you wish to enter.

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- COACHES' MEETING – 8:30am
- FIELD EVENTS – 9:00am (3 throws/jumps no finals)
- RUNNING EVENTS – 11:00am (all timed finals)

400m Relay 7G-7B-8G-8B

3200m Relay 7G-7B-8G-8B

100m Hurdles 7G-8G

110m Hurdles 7B-8B

100m Dash 7G-7B-8G-8B

800m Relay 7G-7B-8G-8B

800m Run 7G-7B-8G-8B

400m Dash 7G-7B-8G-8B

300m Hurdles 7G-7B-8G-8B

200m Dash 7G-7B-8G-8B

1600m Run 7G-7B-8G-8B

1600m Relay 7G-7B-8G-8B

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Shot Put: 8G-8B / 7G-7B

Discus: 7G-7B / 8G-8B

High Jump: 8G-7G-7B-8B

Long Jump: 8B-7B-7G-8G

Pole Vault: 7B-8B-8G-7G