



Chisholm Regional Track Meet 2023

<u>Superintendent:</u> Dr. Dudley Darrow	ddarrow@chisholm.k12.ok.us	(580) 237-5512 Ext: 104
<u>Principal:</u> Cindy Black	cblack@chisholm.k12.ok.us	(580) 233-2852 Ext: 414
<u>Athletic Director:</u> Jayden Dobbs	jdobbs@chisholm.k12.ok.us	(580) 233-2852 Ext: 443
<u>Head Track Coach:</u> Jim Coleman	jcoleman@chisholm.k12.ok.us	(580) 233-2852 Ext: 418
<u>Athletic Trainer:</u> Holly Wofford	hwofford@chisholm.k12.ok.us	(580) 233-2852 Ext: 429
<u>AD Administrative Secretary:</u> Christi Staab	cstaab@chisholm.k12.ok.us	(580) 233-2852 Ext: 429

Visiting Fans Parking: Parking on the side of Carrier or Oakwood Rd will not be permitted as it is a liability as well as safety concern.

Visiting Fans Seating: Fans may sit on the North of South end bleachers. Fans that wish to roam to other events on campus will be asked to be mindful when crossing the track at all times.

Visiting Team: Busses will enter and depart at the gate by the shot put. Visiting athletes and their coaching staff will enter into the track area through the SE 'Team Entrance Only' gate only.

Coaches Hospitality Expectations: Only track operation workers/volunteers, coaching staff, & administration will be permitted into Roydon Tilley Fieldhouse for access to hospitality.

Admission: \$10.00 Cash OR \$8.35 Digital Pass

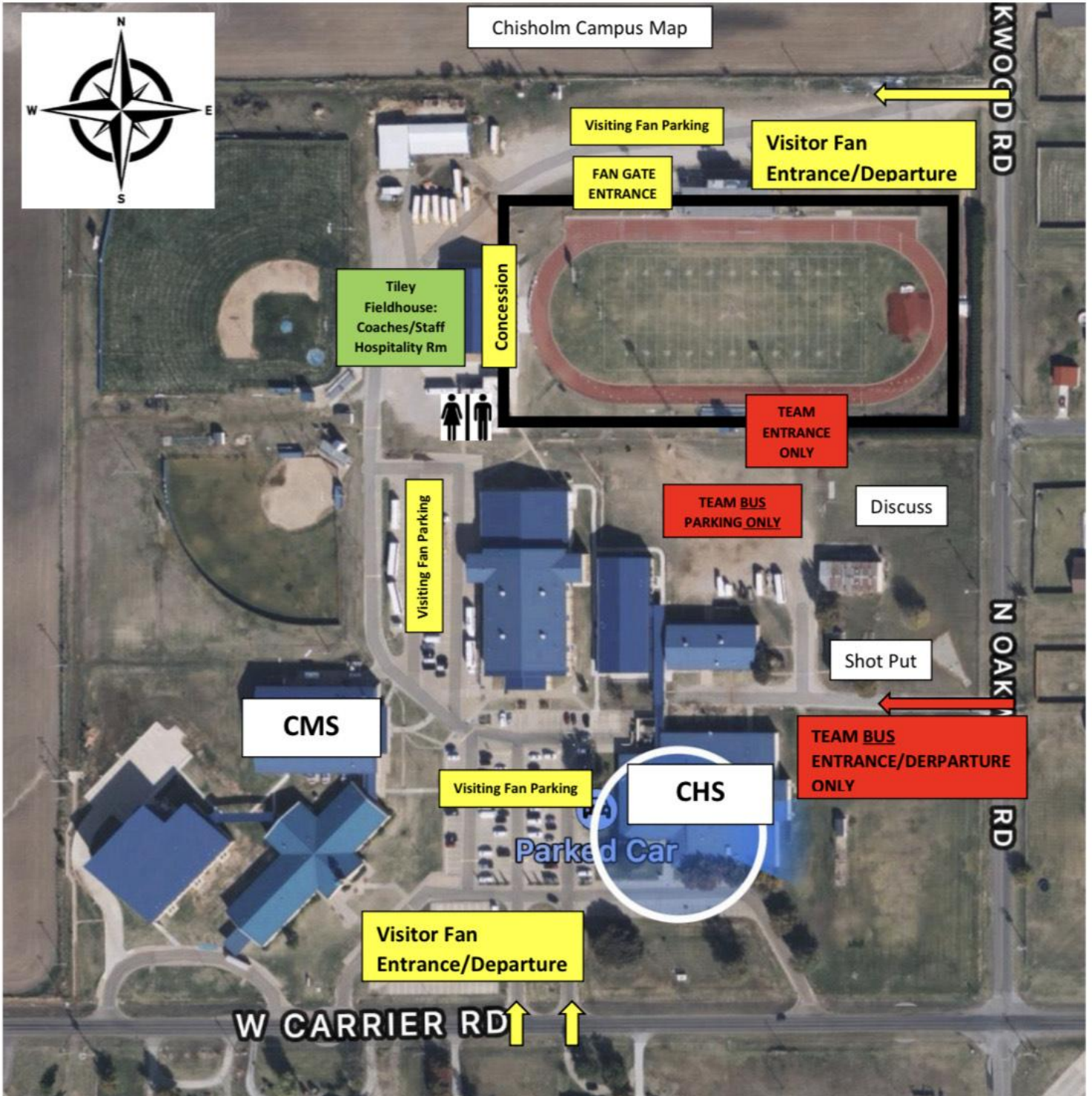
Passes: The only passes that will be honored for free entry will be OSSAA, OCA, & CPS Faculty passes. No other passes will be accepted.

Bus Parking: Busses will park in the SE lot that is located to the West of the discus area.

On Campus Expectations:

- 1) Treat facilities with respect and pick up after yourself and others.
- 2) Zero tolerance for drugs, alcohol, or weapons on campus.
- 3) Zero tolerance for vile language and/or profanity.
- 4) Report any misconducting behavior to AD, Jayden Dobbs (jdobbs@chisholm.k12.ok.us).

Violations of any expectation listed above is grounds for removal



VISITING FAN INFO

Visiting Fans will be asked to enter the track meet through the NW Gate Entrance. Fans may park on the Northside of the track following Oakwood Rd OR at the HS lots following Carrier Rd.

VISITING TEAM INFO

Visiting Teams & Busses will be asked to enter through the first driveway to your left when heading North on Oakwood Rd. Team Busses will park in the open lot next to the discus throw & enter through the SE gate.

VISITING COACHES/STAFF

Visiting Coaches/Staff: Roydon Tiley Fieldhouse is where our hospitality room will be located. Only track operation workers, coaching staffs, & visiting school administration are permitted into Tiley Fieldhouse for usage of hospitality room.

The black outline around the track represents our fence. There is only one entrance for visiting fans (in yellow) and only one entrance for teams and their staff (in red).

REGIONAL TRACK MEET ORDER OF EVENTS AND APPROXIMATE STARTING TIMES
Chisholm High School
April 29, 2023

8:30 **Coaches Meeting**

9:30 Starting time

FIELD EVENTS

9:30 **High Jump** (3A Girls, 4A Girls, 4A Boys, 3A Boys)

9:30 **Long Jump** (3A Boys 4A Boys, 4A Girls, 3A Girls)

9:30 **Shot Put** (3A Boys, 4A Boys, 3A Girls, 4A Girls)

9:30 **Discus** (4A Girls, 3A Girls, 4A Boys, 3A Boys)

9:30 **Pole Vault** (3A Boys, 4A Boys, 4A Girls, 3A Girls)

***APPROXIMATE STARTING TIMES PRELIMINARIES**

9:45 **400 Relay** – 3A Girls, 4A Girls, 3A Boys, 4A Boys

10:05 **3200 Relay** - 3A Girls, 4A Girls, 3A Boys, 4A Boys (Final)

11:00 **100 H. Hurdles** - 33" 3A Girls, 4A Girls

11:15 **110 H. Hurdles** - 39" 3A Boys, 4A Boys

11:30 **100 Dash** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

11:50 **3200 Meter Run** - 3A Boys, 4A Boys (Final)

12:25 **800 Relay** - 3A Girls, 4A Girls, 3A Boys, 4A Boys (Final)

1:05 **3200 Meter Run** - 3A Girls, 4A Girls (Final)

1:40 **200 Meter Dash** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

2:15 Break for 45 minutes

***APPROXIMATE STARTING TIMES FINALS**

3:00 **400 Meter Relay** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

3:15 **800 Meter Run** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

3:50 **100 Meter High Hurdles** - 3A Girls, 4A Girls

4:00 **110 Meter High Hurdles** - 3A Boys, 4A Boys

4:10 **100 Meter Dash** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

4:20 **400 Meter Dash** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

4:55 **300 Meter Low Hurdles** - 3A Girls, 4A Girls

5:15 **300 Meter Int. Hurdles** - 3A Boys, 4A Boys

5:35 **200 Meter Dash** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

5:45 **1600 Meter Run** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

6:35 **1600 Meter Relay** - 3A Girls, 4A Girls, 3A Boys, 4A Boys

***NOTE:** The games committee may make adjustments in the time schedule if circumstances are justified.

GoFan Digital Passes:

Go Fan Site:

<https://gofan.co/app/school/OSSAA>

locate Chisholm Regional Track meet

<https://gofan.co/app/events/971392?schoolId=OK21026>

How to buy:

<https://www.youtube.com/watch?v=-NglbEe6Zxo>

How to use:

<https://www.youtube.com/watch?v=NwQEOknhkyI>

How to find:

<https://www.youtube.com/watch?v=8Gv1fyJkBGI>

How to access and share:

<https://www.youtube.com/watch?v=j3GulepNBv8>



Coaches/Admin/Board Complimentary GoFan Digital Pass Info Link:

<https://docs.google.com/document/d/e/2PACX-1vTuqKQzPgH2LvToaQq66WqULxOdcAgkY1BDUgIOSnll0lebNRCWOBhY1H-QvL8291iff0E82nBEuZHt/pub>

GoFan Digital Passes look like this and must be only viewable off the app itself and not screenshotted.



Schools:

Berryhill
Bethany
Clinton
Cushing
Elk City
Harding Charter
Inola
Kingfisher
Mannford
Mclain
Metro Christian
OK Christian
Perkins-Tryon
Skiatook
Vinita
Weatherford

Adair
Alva
Blackwell
Chisholm
Crooked Oak
Crossings Christian
Daniel Webster
Dove Science
Kipp
Luther
Mount St.Mary
Newkirk
Perry
Sequoyah
Sperry
TSAS



Emergency Action Plan

Sport: Track Year: 2023

- 1) First to arrive on the scene provides first aid.
- 2) Send a coach, manager, or uninjured athlete to notify the ATC and get the AED (If not on-site).
- 3) If the ATC can not be located, the head coach will become the leader.

Leader: Holly Wofford

- Will be in charge of the emergency situation and will instruct all others on the emergency team.

Leader's Assistant: Jayden Dobbs

- Will assist the leader in the evaluation of the injured athlete.

Phone Caller: Christi Staab

- Will go to the nearest phone and activate the EMS
- Will inform the dispatcher of:
 - The nature of the injury and the age of the athlete
 - The location of the athlete and direction to the site
 - Will not hang up until the dispatcher advises to do so
- Nearest Phone: Self or R.Tilley Fieldhouse
- Ambulance Entrance: West Gate of Track

Person to meet the EMS: Jayden Dobbs

- Will contact any necessary staff to assure access for the ambulance
- Will meet the ambulance at the designated entrance and lead them to the injured athlete

Person to accompany athlete to the hospital: Cindy Black

- Will ride the athlete in the ambulance in the event of the parents cannot be located
- Will take the athlete's emergency info to the hospital

It is the certified ATC or coach's responsibility to inform the administrator of the incident.

It is the certified ATC or coach's responsibility to inform the athlete's parents of the injury immediately.

It is the certified ATC's responsibility to document the circumstances surrounding the activity and all actions taken.

Emergency medical info for each athlete is to accompany the team at all times.

EMS (Fire, Police, Ambulance): 911

Athletic Department: Jayden Dobbs 715 965 3648

ATC: Holly Wofford 479 427 6609

Nearest Hospital: St. Mary's Regional Medical Center (305 S 5th St. Enid, OK 73701) 580 233 6100