



**SaberCat Invitational
Southmoore High School
March 31, 2023**

Welcome to the SaberCat Invitational meet to be held on **Friday, March 31, 2023 at Southmoore High School**. This meet is limited to invitation only. To accept your invitation and reserve your team's spot, you must send an email to shanonatkinson@mooreschools.com to receive an invitation code. This code will be needed to add the meet to your schedule (Step #2) on trackroster.com. The meet is limited to 10 teams.

This is a SEEDED ENTRY MEET, please read all the information below carefully.

COACHES:

- Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 - 5 for "Seeded Entries" meets.
- The entry deadline for this meet is **Wednesday March 29, 2023 at 6:00pm**.
- Event entries will be limited to five (5) individuals and one (1) relay team per school. All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.
- Awards will be given to top three (3) in each event along with a team champion.
- Points will be awarded as follows:

Individual	10 / 8 / 6 / 5 / 4 / 3 / 2 / 1
Relays	20 / 16 / 12 / 10 / 8 / 6 / 4 / 2
- OSSAA Rules Apply

ATTENTION COACHES: the On-line Entry DEADLINE is: **Thursday, March 30th @ 1pm**. ((The meet will be CLOSED at 1pm!)) No late entries accepted. - - - Schools planning to attend must submit their entries on the **ENDURO USA™** website by completing ALL the necessary steps on the "ENTRIES Window" – including the "Verification Step". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com

ENTRY FEE:

- \$90.00 per team or \$180.00 for both boys and girls.
- Make checks payable to Southmoore Track Booster Club and bring with you on meet day.

ADMISSION:

\$5 Adults; \$2 Students



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Order of Events

Coaches Meeting: 9:30am

Field Events: 10:00am

Long Jump	Girls / Boys
High Jump	Boys / Girls
Pole Vault	Boys / Girls
Shot	Boys / Girls
Disc	Girls / Boys

Running Events: 10:30am

4x100m Relay	Girls / Boys
4x800m Relay	Girls / Boys
100m/110m Hurdles	Girls / Boys
3200m Run	Girls / Boys
4x200m Relay	Girls / Boys
800m Run	Girls / Boys
100m Dash	Girls / Boys
400m Dash	Boys / Girls
300m Hurdles	Girls / Boys
200m Dash	Girls / Boys
1600m Run	Girls / Boys
Thrower Relay (4x100)	THROWERS ONLY
4x400m Relay	Girls / Boys

