Stratford Bulldogs 5th/6th Track Meet April 13th, 2023

Start Time: The coaches meeting will start at 9:00 at the indoor hitting facility (Big Red Building). The field events will start at 9:30 and running events at 10:00.

*Athletes can enter up to 4 events. Each school may enter 1 relay and 3 individuals per event. We have an all-weather surface track and would ask that your athletes wear ¼ inch spikes. *A hospitality room will be provided for the coaches.*

Entry Fee/Payment: \$60 per division, \$240 for all 4, and \$15 for individuals (3 or less). No B teams. Make checks payable to Stratford Athletics. You can mail checks to: Stratford Public Schools, P.O. Box 589, Stratford, OK 74872 or bring a check to the meet.

<u>Awards</u>: Medals will be given to the top 5 places in each event and each relay. There will be no team trophies.

<u>Contacts</u>: Call, text, or email If you plan to attend or have any questions/concerns.

James Martin	jmartin@stratford.k12.ok.us	580.320.0656
Kyle Wood	kylewood@stratford.k12.ok.us	580.320.3085
Robert Alberson	ralberson@stratford.k12.ok.us	580.344.4742

*Girls before boys and 5th before 6th on running events.

Field Events – 9:30

Long Jump: 6B, 5B, 6G, 5G

High Jump: 6G, 5G, 6B, 5B

Shot: 5B, 6B, 5G, 6G

Discus: 5G, 6G, 5B, 6B

Running Events – 10:00

400m relay: 5G, 6G, 5B, 6B

3200m relay: 5G, 6G, 5B, 6B

100 hurdles: 5G, 6G, 5B, 6B

800m relay: 5G, 6G, 5B, 6B

800m run: 5G, 6G, 5B, 6B

100m dash: 5G, 6G, 5B, 6B

400m dash: 5G, 6G, 5B, 6B

200m dash: 5G, 6G, 5B, 6B

1600m run: 5G, 6G, 5B, 6B

1600m relay: 5G, 6G, 5B, 6B