# 14th ANNUAL HORNETS TRACK CLASSIC Friday March 31st, 2023 12 team limit!!

~~~Coaches that attend the Booker T. Washington meet (1) MUST notify the host of their intent to compete at least 3 days prior to the meet and, (2) each team that attends the meet MUST have all athletes registered entered on **ENDUROUSA.COM** at least 3 days prior to competition.

Location: Booker T. Washington 1631 E. Woodrow Pl. Tulsa, OK 74106 Mailing Address: Booker T. Washington

Greg Nash 1514 E. Zion St. Tulsa, Ok 74106

**Bus Parking:** South of the Field House.

<u>Fees:</u> \$120.00 for each division. Teams of <u>Four athletes</u> or less: \$20.00 per person. Make checks payable to: Booker T. Washington Track. <u>No Refunds.</u>

Contact Coach Nash directly if planning to attend

<u>Time:</u> Coaches Meeting will be at 1:00 P.M. Field events Will begin at 1:30 P.M. and running events will begin at 2:00 P.M. This will be timed final meet.

Each contestant is limited to four (4) events, including relays and field events.

Medals: Medals will be awarded to the top three finishers in each event.

<u>Trophies:</u> Trophies will be rewarded to 1<sup>st</sup> and 2<sup>nd</sup> place teams.

<u>Team Points:</u> Awarded to top six finishers (10-8-6-4-2-1) in individual events and in relays, (20-16-12-8-4-2).

**Equipment:** Booker T. Washington will furnish all starting blocks to contestants. 1/4" spikes or shorter are required. **DO NOT USE TAPE ON THE TRACK.** 

<u>Restrooms/ Concessions:</u> Located in the Northwest corner of the football field. <u>DO NOT BRING GLASS BOTTLES INTO STADIUM!!</u>

**Dressing Facilities: NO DRESSING FACILITIES** 

Lunch Break: There will be a Coaches Feed for Coaches and workers at 5:30 P.M.

#### --- NFW ---

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. (... bad weather info, etc.) You can use the "short cut" to our meet's PREVIEW window by clicking on our meet in the "Student Meets and Events LIST" (on the right side of the window) after you log into your ENDURO USATM account.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY.
Greg Nash Head Coach: Email Address: nashgr@tulsaschools.org
Office: (918) 925-1068 Cell: (918) 638-1525 Fax: (918) 925-1001

# **ORDER OF EVENTS**

## **PRELIMINARIES**

### **RUNNING EVENTS**

2:00 P.M.

| 400 RELAY    | GIRLS-BOYS  | (Final) |  |  |
|--------------|-------------|---------|--|--|
| 3200 RELAY   | GIRLS-BOYS  | (Final) |  |  |
| 100 HURDLES  | GIRLS (33") | (Final) |  |  |
| 110 HURDLES  | BOYS (39")  | (Final) |  |  |
| 100 m. DASH  | GIRLS-BOYS  | (Final) |  |  |
| 3200 RUN     | BOYS        | (Final) |  |  |
| 800 M. RELAY | GIRLS-BOYS  | (Final) |  |  |
| 3200 RUN     | GIRLS       | (Final) |  |  |
| 200 m. DASH  | GIRLS-BOYS  | (Final) |  |  |
|              |             |         |  |  |

| 800 RUN     | GIRLS-BOYS        |    |
|-------------|-------------------|----|
| 400 m. DASH | GIRLS-BOYS        |    |
| 300 HURDLES | GIRLS (30'        | ') |
| 300 HURDLES | BOYS (36"         | ĺ  |
| 1600 RUN    | GIRLS-BOŶS        | •  |
| 1600 RELAY  | <b>GIRLS-BOYS</b> |    |

#### **FIELD EVENTS**

1:30 P.M.

| LONG JUMP  | GIRLS | BOYS  |
|------------|-------|-------|
| HIGH JUMP  | BOYS  | GIRLS |
| POLE VAULT | BOYS  | GIRLS |
| SHOT       | BOYS  | GIRLS |
| DISC       | GIRLS | BOYS  |

NOTE: SHOT PUT, DISCUSS, and LONG JUMP will be prelims/finals format. 3 throws/jumps in the prelims and 3 in the finals.

Coaches meeting will begin at 1:00 p.m.