

7th/JH Track Meet

Monday, April 3, 2023

Waurika High School will host a 7th grade and Junior High School Track and Field meet on, Monday, April 3, 2023.

Starting Time:

Coaches Meeting 9:00

Field Events 9:15

Running Events 9:30

****Admission Entry Fee: \$75 per team Less than 4 members \$10 each.**

Divisions: There will be four divisions. 7th Grade Girls; 7th Grade Boys; Junior High Girls; Junior High Boys

Participation: Each athlete may compete in 4 events. Each school may enter 3 in each event. 7th graders may only compete in one division.

Team Awards: Team scores will be kept but there will be no team trophies.

Medals: Medals will be awarded to top 5 individuals and top 3 relays.

Inclement Weather: Call Joe Masoner cell 580-313-0224 or Roger Jessie 580-228-4576 School 580-228-2341

ATTENTION COACHES: the On-line Entry DEADLINE is: **Sunday, April 2nd @ 1pm.**

(((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the **ENDURO USA™** website by completing ALL the necessary steps on the "**ENTRIES Window**" – including the "**Verification Step**". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com

Entry Form

School _____ Phone: _____

_____ JH Girls _____ JH Boys _____ HS Girls _____ HS Boys

Mail to

Joe Masoner
Waurika High School
600 E. Florida
Waurika, OK 73573

ORDER OF EVENTS

Coaches Meeting: 9:00

Field Events: 9:30

High Jump: JH Girls, JH Boys, 7th Girls, 7th Boys

Long Jump: 7th Girls, 7th Boys, JH Girls, JH Boys

Shot: JH Boys, JH Girls, 7th Boys, 7th Girls

Discus: 7th Boys, 7th Girls, JH Boys, JH Girls

Running Events: 10:00

Order: 7th Girls, 7th Boys, JH Girls, JH Boys

Timed Finals

400 Meter Relay

3200 Meter Relay

100 Meter Hurdles

110 Meter Hurdles

3200 Meter- *JH Boys*

800 Meter Relay

800 Meter Run

100 Meter Dash

3200 Meter- *JH Girls*

400 Meter Dash

300 Meter Hurdles

200 Meter Dash

1600 Meter Run

1600 Meter Relay