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# **Weatherford Eagle Invitational**



# April 25th, 2023 Weatherford High School Track & Field

Let us take the time to invite you to the Weatherford Eagle Invitational Track & Field meet held on April 25th, 2022. This has been a great meet in the past and we look forward to continuing its great tradition. If you wish to attend you must email us at <a href="mailto:dseifried@wpsok.org">dseifried@wpsok.org</a> or <a href="mailto:kfischer@wpsok.org">kfischer@wpsok.org</a>

We have a brand new track, runways and turf football field and we want to take good care of them, so please read the information on the next page to help us keep everything in great condition.

**Attention Coaches**: Schools planning to attend this meet must submit their entries on TrackRoster. The entry deadline is Monday, April 24th 2023 at 4:00 p.m.

Entry fee: \$100 per team or \$200 for both boys and girls.

Make checks payable to Weatherford Athletics. Please either mail it in or bring it with you.

Weatherford Athletics 1500 N. Washington Weatherford, Ok 73096

Event Entries will be limited to three individual events and one relay team per school. All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS. This is a seeded entry meet.

#### \*An afternoon meal will be provided.

Awards will be given to the top five individuals and top three relays in each event.

Points will be awarded as follows:

Individual: 10 / 8 / 6 / 4 / 2/ 1 Relays: 20 / 16/ 12 / 8 / 4 / 2

OSSAA Rules will apply

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\*The entry deadline for this meet is Monday, April 24th, 2023 at 4:00 p.m. on **endurousa.com.** THIS IS A SEEDED ENTRIES MEET.

Coaches Meeting: 9:45 Field Events: 10:00 Running Events: 10:30

#### **Order of Events**

Field: 10:00

Long Jump	Girls/Boys	** No tape on the new track

High Jump Boys/Girls

Pole Vault Boys/Girls \*\* All spikes no longer than ½ inch

Shot Boys/Girls

Disc Girls/Boys \*\* All camps will be outside the fence

# **Running: 10:30**

400 Meter Relay	Girls/Boys
3200 Meter Relay	Girls/Boys
100/110 M Hurdles	Girls/Boys
3200 Meter Run	Boys
800 Meter Relay	Girls/Boys
800 Meter Run	Girls/Boys
100 Meter Dash	Girls/Bovs

#### PROPOSED BREAK 30 MINUTES

3200 Meter Dash	Girls
400 Meter Dash	Girls/Boys
300 M. Hurdles	Girls/Boys
200 Meter Dash	Girls/Boys
1600 Meter Run	Girls/Boys
1600 Meter Relay	Girls/Boys