ALTUS JUNIOR HIGH RANDLE HAWKINS INVITATIONAL MEET ALTUS ATHLETIC DEPARTMENT RIDGECREST AND S. PARK LANE 580-481-2648

Dear Girls and Boys Track Coach:

On Tuesday, April 2, 2024 Altus Junior High School will be hosting the Altus Junior High Invitational Track and Field Meet. There will be four divisions: 8th grade boys, 8th grade girls, 7th grade boys and 7th grade girls.

Trophies will be awarded to the Champions in each division. National Federation Rules for Track and Field will be used. Three athletes per event. You can run some JV runners, within reason. Medals will be given to the top 3 places in each event, in each division.

Please plan on attending our meet. We promise a great, fast paced meet.

Entry Fee: \$100 Boys

\$100 Girls

\$180.00 for two teams

\$350.00 if you enter all divisions.

Mail to: Altus High School, attn. Athletic Dept

400 N. Park Avenue Altus, Ok. 73521

If you have any questions, please feel free to call Coach Robert Garrison, work 580-481-2173, cell- 580-481-0327 or email rgarrison@altusps.com, or Coach Kellie Gribble @ kgribble@altusps.com. You can also contact Athletic Director Randall Coffman at 580-481-2647 or rcoffman@altusps.com.

The Altus Track C	oaching Staff		
School: Divisions:		7th Povo	7th Cirlo
Name of Head Co	_ ,	 	

ALTUS JUNIOR HIGH RANDLE HAWKINS INVITATIONAL TRACK MEET SCHEDULE OF EVENTS TUESDAY, APRIL 2, 2024

COACHES MEETING: 12:30 PM

FIELD EVENTS: 1:00 PM

HIGH JUMP- 7 BOYS, 8TH BOYS, 7 GIRLS, 8 GIRLS
LONG JUMP- 7 GIRLS, 8 GIRLS, 7 BOYS, 8 BOYS
SHOT PUT- 8 BOYS, 7 BOYS, 8 GIRLS, 7 GIRLS
DISCUS- 8 GIRLS, 7 GIRLS, 8 BOYS, 7 BOYS

POLE VAULT- ALL DIVISIONS TOGETHER

LJ, SHOT AND DISCUS WILL BE 3 ATTEMPTS ONLY.

FINALS: 1:30 PM (7G, 8G, 7B, 8B unless otherwise noted)

400m Relay 3200m Relay

100m Hurdles (girls) 110m Hurdles (boys)

3200 Run- boys and girls together (one division of each)

800m Relay 800 Run

20 minute break if possible

100 Dash 400m Dash 300m Hurdles 200m Dash 1600m Run 1600m Relay

ENTRY FORMS OR INTENT TO ATTEND DUE BY MARCH 29, 2024.

PLEASE SEND TO RGARRISON@ALTUSPS.COM OR KELLIE GRIBBLE

KGRIBBLE@ALTUSPS.COM OR FAX TO ROBERT GARRISON AT 580-481-2547