

Wampus Cat Junior High Invitational

6th 7th 8th Grades Thursday April 11th, 2024

UPDATE: Please follow this QR code and list your athletes on any blank line. This will speed up the meet by assigning them a competition number ahead of time so we will not have to type them in the system at the heating benches. If you are unable to get in the system or get them in, bring a roster and I will have students set up at the coaches meeting to put them in.

6th

https://docs.google.com/spreadsheets/d/17_wwyOEAcTx7Zq9AXD_i9BeaxJ6A9AMqKLqXtLtPdOk/edit#gid=0

7th

https://docs.google.com/spreadsheets/d/17_wwyOEAcTx7Zq9AXD_i9BeaxJ6A9AMqKLqXtLtPdOk/edit#gid=874252028

8th

https://docs.google.com/spreadsheets/d/17_wwyOEAcTx7Zq9AXD_i9BeaxJ6A9AMqKLqXtLtPdOk/edit#gid=704597625

Coaches meet at 8:45 in the field house,

field events begin at 9:30 and running events will begin at 10:00.

- There will be six divisions

6th Grade Girls 6th Grade Boys

7th Grade Girls 7th Grade Boys

8th Grade Girls 8th Grade Boys

- Entry Fee: \$65.00 per division or \$10.00 per individual up to 4 members.

- Qualifying heights and distances to be determined at the coaches meeting. (There will be qualifying marks in shot put, discus, and long jump.) After qualifying, each athlete will get three competitive measured attempts.

- All running events will be timed finals.

- Hospitality room provided for coaches and administrators in the field house.

- Coaches please have only athletes who are warming up, competing, or cooling down on

the infield.

NO camps are allowed on the infield.

- Custom medals awarded to the top five finishers in all events.
- ¼ inch spikes or shorter ONLY, starting blocks will be provided.
- Bus Parking will be behind the home bleachers on the stadium's west side.

OSSAA Rules apply

If you plan on attending, need further information, or in case of inclement weather contact:

Chet Braudrick - Office 580-889-3361 Cell 580-889-0054: Jacob Cupp - 580-889-3361:

ORDER OF EVENTS

FIELD EVENTS - 9:30 A.M.

Long Jump 6G-7-G, 8-G, 6-B, 7-B, 8-B

High Jump 6B-7-B, 8-B, 6G, 7-G, 8-G

Shot Put 8-G, 7-G, 6-G, 8-B, 7-B, 6-B

Discus 8-B, 7-B, 6-B, 8-G, 7-G, 6-G

Pole Vault 8-G, 7-G, 8-B, 7-B (depending on numbers we may group vaulters)

TIMED FINALS - 10:00 A.M.

400 Meter Relay Girls-Boys

3200 Meter Relay Girls-Boys

100 Meter Hurdles Girls-Boys

800 Meter Relay Girls-Boys

800 Meter Run Girls-Boys

100 Meter Dash Girls-Boys

400 Meter Run Girls-Boys

300 Meter Hurdles Girls-Boys

200 Meter Dash Girls-Boys

1600 Meter Run Girls-Boys

Throwers Relay- one race for all classes combined at least two females.

participant per team

1600 Meter Relay Girls-Boys