

2024 BIG 7 CONFERENCE CHAMPIONSHIP
Thursday, April 25th

This is a SEEDED MEET. ATTENTION COACHES: Schools planning to attend must submit their entries on Athletic.net you need an Invite which will come from Enduro Darren Mundell @: Ph: 1(918)200-1975 Email: darren@enduro.com
The online entry deadline for this meet is:

WEDNESDAY, APRIL 24th by 5:00pm. LATE ENTRIES will not be accepted*

Event Entries will be limited to three individuals and one relay team per school.

All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.

SCHEDULE:

COACHES' MEETING—3:00p.m. West Endzone

FIELD EVENTS—3:30 pm

RUNNING EVENTS—4:00pm (Rolling Schedule)

FOUR DIVISIONS: VARSITY Girls- Boys, 9TH GRADE Girls- Boys

SCORING: Individual Events: 10-8-6-4-2-1; Relay Events: 20-16-12-8-4-2

AWARDS: Team: Champion for Varsity boy and girls division

Team: Champion for 9th Freshman boys and girls division.

Individual and Relays: Top three in each event

FIELD EVENTS: Each athlete will be given 2 practice and 3 recorded throws & jumps.

CONCESSIONS: Concessions will be available

ADMISSION: Admission is \$5.00 per person. O.S.S.A.A Coaches passes will be accepted.

BUS PARKING: Bus parking will be in the NW corner of the stadium East of the PC indoor facility. Drop Off will be at the N.W. Gate.

TEAM CAMP AREA: around the outside perimeter of Track **NO CAMPING IN STAND**

ORDER OF EVENTS

FIELD EVENTS: Approx. 3:30pm, RUNNING EVENT: Approx. 4:00 pm

FIELD EVENTS: Schools Running Events:

Shot Put:	Girls-Boys	Enid
Discus:	Boys-Girls	Ponca-City
High Jump:	Boys-Girls	PCN
Long Jump:	Girls-Boys	PCW
Pole Vault:	Boys-Girls	SNU?-Choctaw

SCHOOL RELAY EXCHANGE ZONES: (Exchange zone flags will be at the heating area).

4x100: Exchange zones: Orange (Gray Triangle-Gray Triangle)

(Please only use Tennis Balls for marking **NO TAPE on TRACK LANES.**

Ex. 1: Choctaw

Ex. 2: MWC

Ex. 3: ENID

4x200: Exchange zones: Black Triangle to Black Triangle

Ex. 1-3: Ponca-City

Ex. Finish Starter

RUNNING EVENTS: Varsity will run 1st and 9th Last in all Events.

4 X 100 RELAY Varsity GIRLS BOYS, 9th GIRLS, BOYS

4 X 800 RELAY Varsity GIRLS-BOYS, 9th GIRLS, BOYS

100 INTER. HURDLES Varsity GIRLS - 9TH GIRLS

110 HIGH HURDLES Varsity BOYS-9TH BOYS

100M DASH Varsity GIRLS, BOYS, 9th GIRLS, BOYS

3200 RUN **COMBINED RACES VARSITY GIRLS 9TH GIRLS , VARSITY BOYS 9TH BOYS**

4 X 200 RELAY Varsity GIRLS,- BOYS- 9th Girls-Boys

800 RUN **COMBINED Varsity GIRLS- 9th Girls, Varsity BOYS- 9th Grade Boys**

400 DASH Varsity GIRLS, BOYS, 9th GIRLS, BOYS

300 LOW HURDLES Varsity GIRLS - 9th Girls

300 INTER. HURDLES Varsity Boys- 9th Boys

200 DASH Varsity GIRLS-BOYS, 9th Girls-Boys

1600 RUN **COMBINED Varsity GIRLS- 9th Girls, Varsity BOYS- 9th Grade Boys**

4 X 400 RELAY 9th Girls-Boys, Varsity Girls-Boys

