



SPARTAN TRACK & FIELD INVITATIONAL

Thursday April 4, 2024

On behalf of the Bixby Track and Field Team, we extend to you and your teams an invitation to participate in the Spartan Track & Field Invitational. **10 Team Limit.**

Please email to confirm your invitation to Doug Behrens dbehrens@bixbytps.org & Madison Eckert meckert@bixbytps.org

ATTENTION COACHES: The On-line Entry DEADLINE is: **Wednesday, April 3rd @ 12pm.** (((The meet will be CLOSED at 12pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "ENTRIES Window" – including the **"Verification Step"**. If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - -

Entry Fee: \$100 per team (\$200 for both boys & girls teams). B teams are also welcome. \$50 for each additional team that is entered. **Make checks payable to: Bixby Track.** You may bring the check with you or mail it to:

Bixby Track
301 S. Riverview Dr.
Bixby. OK 74008

Divisions: There will only be 2 divisions: Boys and Girls

Time: All coaches should report to our new track building by **8:30 AM** for a coaches meeting. Field events will start at **9:00 AM**. Running events will begin at **10:00 AM**.

Bus Parking: Buses should enter from Mingo Road. Drop your athletes off at the designated area in front of our facility. You will be directed to bus parking from there.

Spectators: Spectator parking is **very limited** in general on our campus as there is a ton of construction. More parking is available at BMS off Mingo. Please inform spectators that they will need to enter the facility at the gate on the South West corner of the field. **Gate entry is \$5 per student (K-12) & adult.** There are stands for the main track, but personal seating will be needed for Long Jump, Pole Vault & throws.

Concessions & Hospitality: Concessions will be available. Coaches hospitality will be located in the track facility. ONLY team coaches& our facility workers will be allowed in the hospitality.

Team Camp: Please leave the field & stands clear of camps. Camps can be set up behind the south bleachers between the soccer facility & the softball fields or to the east of the bleachers next to the softball field wall.

Event Entries: Entries will be limited to three individuals and one relay team per team entered. ¼ inch or less spikes permitted. All running events will be timed finals. Timing will be provided by **ENDURO**.

Medals & Awards: Medals will be awarded to the top three placers in each event. Team plaques will be awarded to the 1st & 2nd place team in each division (Girls & Boys). Points will be given to 1st through 8th placers.

Starting Height: Starting heights & minimum marks will be discussed at the coaches meeting. Each athlete will be given three throws/jumps in the prelims. The top eight performers will advance to the finals and be given three additional attempts.

All OSSAA Rules Apply. The entry deadline for this meet is 12:00 PM Wednesday April 3rd, 2024.

Contact us with any questions:

Head Boys' Coach Doug Behrens: dbehrens@bixbyps.org or

Head Girls' Coach Madison Eckert: meckert@bixbyps.org

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APRIL 4th, 2024

ORDER OF EVENTS

Coaches Meeting: 8:30AM

Meeting will be located in the Bixby Track & Field Facility just North of the track.

Field Events Begin at 9:00AM

High Jump Boys, Girls

Long Jump Girls, Boys

Discus Girls, Boys

Shot Boys, Girls

Pole Vault Girls, Boys

Running Events Begin at 10:00AM

4x100m Relay Girls, Boys

4x800m Relay Girls, Boys

100m Hurdles Girls

110m Hurdles Boys

100m Dash Girls, Boys

3200m Run Girls, Boys

4x200m Relay Girls, Boys

800m Run Girls, Boys

400m Dash Girls, Boys

300m Hurdles Girls, Boys

200m Dash Girls, Boys

1600m Run Girls, Boys

4x400m Relay Girls, Boys - - - - - Gauntlet Style (After the first handoff, we allow teammates/athletes to line the track on the home stretch in lane 4 to cheer on their team for the remaining legs of the race. We did it last year and it was a big hit)

We are working with our administration on parking & what is best for visitors since school will be in session. We will send an updated parking map if things change!

