

Bridge Creek High School

4th Annual HS Track Meet

Tuesday, April 2, 2024



This meet will be limited to 15 teams this year.

If you plan on attending, please respond by email to:

nabbott@bridgecreek.k12.ok.us or jchase@bridgecreek.k12.ok.us

Nick Abbott- 918-724-8133 Jay Chase- 580-513-2107

THERE WILL BE A CODE SENT OUT IN ORDER TO REGISTER YOUR ATHLETES

www.endurousa.com

ATTENTION COACHES: the On-line Entry DEADLINE is: **Monday, April 1st @ 12pm.** (((The meet will be CLOSED at noon!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the “**ENTRIES Window**” – including the “**Verification Step**”. If the “Verification Step” is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact cara@runenduro.com

THIS WILL BE A SEEDED MEET

PREVIEW window: Immediately before departing for our meet, please view our meet’s PREVIEW window for any last-minute information that can affect the meet. To find our meet’s PREVIEW window, login – then click on our meet in the “Student Meets & Events LIST” (on the right).

Coaches Meeting: 8:30am in the weight room. **Field Events:** 9:00am **Running Events:** 9:15am

Divisions: High School Girls, High School Boys

Entries: Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event. Each school can have unlimited relay entries, although all “A” relays will run in the same heat. Only three (3) athletes and one (1) relay from a school can score points.

Awards: Medals will be awarded to the top three placers.

Field Events: Each competitor will have 3 preliminary attempts, the top 8 will qualify for the finals and receive 3 additional attempts.

Heating: The heating benches will be on the north end of the field.

Concessions/Admission: There will be a full concession available and hospitality room for the coaches. Admission will be charged to all the spectators.

Parking: Bus parking will be on the **west side of the field house and northeast of the Middle School.**

To Enter: Please confirm your entry by email.

Entry Fee: \$100 per team boys and girls, \$200 for both teams, \$20 for an Individual (5 or less athletes)

Please make checks payable to Bridge Creek Track

Mail to: Nick Abbott

2209 E. Sooner Rd.
Blanchard, OK 73010



Schedule of Events



Coaches Meeting: 8:30am in the weight room.
Field Events: 9:00am Running Events: 9:15am

Field Events

9:00 AM

Girls High Jump	Boys Long Jump	Boys Shot Put	Girls Discus	Boys Pole Vault
Boys High Jump	Girls Long Jump	Girls Shot Put	Boys Disc	Girls Pole Vault

Running Events

9:15 AM

3200m Run - Girls, Boys
4x100 Relay - Girls, Boys
4x800 Relay - Girls, Boys
100m Hurdles 33" – Girls
110m Hurdles 39" - Boys
4x200 Relay - Girls, Boys
800m Run - Girls, Boys
100m Dash - Girls, Boys
400m Dash - Girls, Boys
300m Lows - Girls
300m Intermediate - Boys
200m Dash - Girls, Boys
1600m Run - Girls, Boys
4x400m Relay - Girls, Boys