

Beavers Bend Relay

Broken Bow, Oklahoma April 19th, 2024

Coaches, we are proud to invite you to our Beavers Bend Relay Invitational High School Track Meet. Coaches Meeting will start at 10:00am. Field events will start at 10:30am. Running events 4 X 800 will start at 10:30 am, all other running will begin at 11:00am. You must contact one of the coaches below to inform us of your attendance.

- There will be two divisions- girls and boys
- ¼ inch spikes or shorter only- starter blocks will be provided
- We will have preliminary and top 8 go to finals. (LJ, Shot, Discus)
- Awards: medals for 1st, 2nd, and 3rd
- Heating will be at the bleachers
- Camping is East and North around the track
- South side of the track is for adults only (NO CAMPING)
- Concession: Available
- Admission: Adults \$3.00 & Students \$2.00
- Entry Fee: \$100 per team or \$200 for both teams \$20 per individual (more than 4 is a team)
- Checks should be made out to Broken Bow Track

Mail to: Duce Lee 108 W. 5th St Broken Bow, OK 74728

If you plan on attending, need further information, or in case of inclement weather: Please contact:

Coach Duce Lee (580) 579-3606 Coach Jontaa' Jett (580) 212-9606 Coach Luke Ring (405) 331-9111



ORDER OF EVENTS

10:00am Coaches Meeting (East side of Concession Stand)

10:30am Field Events:

Shot Girls/ Boys
Discus Boys/ Girls
Long Jump Girls/ Boys
High Jump Boys/ Girls
Pole Vault Boys/ Girls

Running Events:

10:30 am 4 X 800 Relay Girls/ Boys

11:00am 4 X 100 Relay Girls/ Boys

800m Run Girls/ Boys

100 m Hurdles Girls
110m Hurdles Boys

100m DashGirls/ Boys400m DashGirls/ Boys

3200m Run Girls/ Boys

4 X 200 Relay
300m Hurdles
Girls/ Boys
Cirls/ Boys
Girls/ Boys
Girls/ Boys
Girls/ Boys

Throwers Relay- must have one girl on your team

4 X 400 Relay Girls/ Boys