

## **Cache Bulldog Invitational**



## 7th & Junior High Boys and Girls Invitational Track Meet Thursday, March 28th, 2024

On behalf of the Cache Public Schools, we would like to extend an invitation to the Cache 7th & Junior High Boys and Girls Invitational Track Meet, on Thursday, March 28, 2024.

This meet is open to all schools that are interested in attending. If you plan on attending please contact our Head High School or Middle School Track coach. <u>This meet is open to</u> the first 20 teams that are interested in attending.

Tanner Thompson, Head High School Boys & Girls Track Coach

Email: tanner.thompson@cacheps.org

Cell: 580-678-1436

Mike Fletcher, Head Middle School Boys & Girls Track Coach

Email: mike.fletcher@cacheps.org

Cell: 580-347-7506

ONLINE ENTRIES: This Meet is being timed by 12:1 RUNNING. Entries are being handled through ENDURO USA. Schools planning to attend our meet must submit their entries on the ENDURO USA website <a href="www.endurousa.com">www.endurousa.com</a> by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The online <a href="ENTRY DEADLINE">ENTRY DEADLINE</a> for this meet is <a href="www.endurousa.com">wednesday</a>, <a href="www.endurousa.com">March 27</a>, <a href="2024">2024 at 5:00 pm. \*\*NO LATE ENTRIES</a> \*\* Schools who have not entered on-line will not be added at the meet. \*\*\* If you have questions about your ENDURO USA account or meet registration, please contact: <a href="Jon Hughes @ (580)">Jon Hughes @ (580)</a> 583-1860 or <a href="junghes@elginps.net">junghes@elginps.net</a>

**Divisions:** 4 Divisions – 7th Boys / 7th Girls / JH (8th-9th) Boys / JH (8th-9th) Girls

**Limitations:** Each contestant is limited to four events including relays. Each school is limited to three entrants in individual events and one relay team in each relay race.

**Trophies:** Trophies will be awarded to the 1st place team in each division.

Medals: Custom Medals will be awarded to 1st, 2nd, and 3rd place in all events.

**Team Points:** Awarded 1st-6th places. Individual events: (10,8,6,4,2,1.) Relays (20,16,12,8,4,2.)



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## Make checks payable to Cache Athletics.

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COACHES:					
SCHOOL:					
	Cache, OK 73527				
	Attn. Lisa O'Kelley 102 East H Ave				
Mail to:	Cache High School				
	\$ 15.00 Individual (4 or less)				
	\$ 75.00 JH Girls				
	\$75.00 7th Girls \$ 75.00 JH Boys				
Entry Fee:	\$75.00 7th Boys				







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### **SCHEDULE OF EVENTS**

Coaches Meeting: 9:00am (Heating benches)

**Field Events:** 9:30am **Running Events:** 10:00am

Field Events: (9:30am)

Shot	JH Boys,	7th Boys,	JH Girls,	7thGirls
Discus	JH Girls,	7th Girls,	JH Boys,	7th Boys
Long Jump	7th Boys,	JH Boys,	JH Girls,	7th Girls
High Jump	JH Girls,	7th Girls,	7th Boys,	JH Boys
<b>Pole Vault</b>	JH Boys,	7th Boys,	7th Girls,	JH Girls

### Running Events: (10:00am)

#### **TIMED FINALS**

4 X 100 Relay	7th Girls, JH Girls, 7th Boys, JH Boys
4 X 800 Relay	7th Girls, JH Girls, 7th Boys, JH Boys
100 Hurdles	7th Girls, JH Girls
110 Hurdles	7th Boys, JH Boys
3200 Run	JH Girls, JH Boys (All together)
4 X 200 Relay	7th Girls, JH Girls, 7th Boys, JH Boys
800 Run	7th Girls, JH Girls, 7th Boys, JH Boys
100 Dash	7th Girls, JH Girls, 7th Boys, JH Boys
400 Dash	7th Girls, JH Girls, 7th Boys, JH Boys
300 Hurdles	7th Girls, JH Girls, 7th Boys, JH Boys
200 Dash	7th Girls, JH Girls, 7th Boys, JH Boys
1600 Run	7th Girls, JH Girls, 7th Boys, JH Boys
4 X 400 Relay	7th Girls, JH Girls, 7th Boys, JH Boys