



presents:

TITAN Throwers INVITATIONAL

DATE: TUESDAY (APRIL 9TH)

TEAM LIMIT: 15 (WILL ACCEPT SINGLE ENTRANTS, NO WALK-UPS)

****A- Team only** (3 athletes per event)**

Deadline: Thursday (April 4th @1pm)

Entry fee: (\$45 per team – Boys & Girls = \$90) (Single entry \$25)

Make to: Carl albert track & field

2009 s. post rd

Midwest city, ok 73130

Coaches meeting: 9:30

order of events

(Locker room)

shot put (girls, boys)

Events begin @ 10:00am

disc (boys, girls)

3 preliminary throws (**top 8 finals**) prizes 1-2-3!!

Email: Cameron Couch – ccouch@mid-del.net

William Case – wcase@mid-del.net

Matthew Looney – mlooney@mid-del.net

Amy Cox – Acox@mid-del.net

Format of email:

Athlete Name | school | gender | Grade | Event | Distance