





The Carver Middle School Athletics Department would like to extend to you and your teams an invitation to participate in our Jr. High School girls and boys track and field meet. The meet will be at our feeder school the Booker T. Washington High School's S.E. Williams Stadium, 1514 E Zion St., Tulsa, OK 74106. PARKING FOR BUSSES WILL BE IN THE EAST PARKING LOT BEHIND THE VISITORS SIDE OF THE STADIUM.

Time: Coaches Meeting @1:30pm (in the fieldhouse)

Field Events @2:00pm -- Running Events @2:30pm This will be a timed finals meet.

Divisions: There will be four (4) divisions: 7th boys, 7th girls, 8th boys, 8 girls

Entry Fee: \$90.00 per division (\$90 boys and \$90 girls). \$25.00 per individual of less than four (4)

members in a team. "B" Teams are \$45 per division.

Mail and Make Checks payable to: Carver Athletics Department Attn: Track

624 E Oklahoma Pl Tulsa, OK 74106

Check In: Athletes in lane running events will need to check in at the bleachers on the stadium field at least 30min before their event. Athletes in non-lane running events (3200 Relay, 800, 1600, 1600 Relay) will check in at the start line. Athletes who have not checked in **will not** be added into the field for that event. Field event athletes will check in at their sites. (*There will be no Pole Vault*)

Limitations: Each contestant is limited to four (4) events, including relays. Each Team is limited to three (3) entrants in each event and one (1) team in each relay. The shot and discus will consist of three (3) throws, and the long jump will consist of three (3) jumps.

ATTENTION COACHES: the On-line Entry DEADLINE is: Friday, March 22nd @ 1pm (((The meet will be CLOSED at 1pm!))). --- Schools planning to attend must submit their entries on the ENDURO USATM website by completing ALL the necessary steps on the "ENTRIES Window" – including the "Verification Step". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. --- NO exceptions. --- Please log into your ENDURO USATM account at: www.endurousa.com --- If you need assistance with your ENDURO USATM account, contact Cara Branson at: cara@runenduro.com.

Team Points: Awarded to first through sixth place 10-8-6-4-2-1 in individual events and relays 20-16-12-8-4-2.

Awards: Medals to first, second & third places in all events excluding relays. Team Plaque Awarded to first place team in each division.

Awards: Individual medals will be given to the top five (5) contestants in each event excluding relays. Equipment: Carver will provide all starting blocks to contestants

| Teams Entered: 8th Boys | 7th Boys | 8th Girls | 7th Girls | _ |
|---------------------------------|------------------------------|--------------------|---------------------|---|
| School _ | Coach | Phone | | |
| For more information contact: k | Cevin Williams <u>willik</u> | e2@tulsaschools.or | g or Dorothy Blakey | |
| blakedo@tulsaschools.org | | | | |





Carver Wildcats Junior High Track Meet Monday, March 25, 2024 7th and 8th Grade Girls and Boys

Monday, March 25th, 2024

MEET SCHEDULE

FIELD EVENTS – 2 p.m.

High Jump 7B,8B,7G,8G,

Long Jump 7G,8G,7B,8B,

Shot Put 7G,8G,7B,8B,

Discus 7B,8B,7G,8G

TIMED FINALS- 2:30 p.m.

3200 METER RELAY 7G,8G,7B,8B (Girls and Boys each will run together by grade)

100 METER HURDLES 7G,8G,

110 METER HURDLES 7B,8B,

100 METER DASH 7G,8G,7B,8B

800 METER RELAY 7G,8G,7B,8B

800 METER RUN 7G,8G,7B,8B

400 METER RELAY 7G,8G,7B,8B

400 METER DASH 7G,8G,7B,8B

300 METER HURDLES 7G,8G,7B,8B

200 METER DASH 7G,8G,7B,8B

1600 METER RUN 7G,8G,7B,8B (Girls and Boys each will run together by grade)

1600 METER RELAY 7G,8G,7B,8B