

DICKSON MIDDLE SCHOOL INVITATIONAL

Dear Coach,

We would like to invite you to the Dickson Middle School Invitational. The date will be

Monday, April 08, 2024. Rules and regulations of the OSSAA will govern. The starting time for field events will be 9:00 a.m., running events will start at 9:30 a.m. and the coaches will meet in the weight room at 8:30 a.m.

There will be six divisions in the meet:

Division One-6th Grade Girls

Division Two-6th Grade Boys

Division Three-7th Grade Girls

Division Four-7th Grade Boys

Division Five-8th Grade Girls

Division Six-8th Grade Boys

1. There will be an entry fee of \$80.00 per team;

Attention: The On-line Entry DEADLINE for this meet is Friday, April 5 at 6:00 pm. No

late entries accepted. --- Schools planning to attend must submit their entries on the Oklahoma MileSplit website by completing ALL the necessary steps.

If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. --- NO exceptions.

If you need assistance with your Oklahoma MileSplit account at: mike@cowtowntiming.com - - If you need assistance with entries please call 817-992-3027

2. No camps will be allowed on the football field or track oval.

3. Bus Parking will be available at the HS Gym, south of the Track.

4. An athlete may participate in four events.

5. Each school may have three entries in each event.

6. Medals will be given to the first five individual places in each event. Relays, top three will receive medals.

7. No team trophies.

8. The track is an eight lane all weather surface. Short spikes only.

9. There will be no preliminaries-FINALS ONLY!

10. Make checks payable to: Dickson track and mail entry fees to:

Dickson Public Schools

Attn: Ron Love

4762 State Highway 199

Ardmore, OK 73439

· In the event of inclement weather call:

- Ron Love- 580-222-6834
rlove@dickson.k12.ok.us
- Matt Suffal- 580-467-5145
msuffal@dickson.k12.ok.us

Sincerely,

Ron Love

Dickson Public Schools

DICKSON MIDDLE SCHOOL INVITATIONAL

RUNNING EVENTS: 9:30 am

400 METER RELAY

6-7-8 GIRLS 6-7-8 BOYS

3200 METER RELAY

6-7-8 GIRLS 6-7-8 BOYS

100 METER HURDLES 30"

6-7-8 GIRLS

110 METER HURDLES 30"

6-7-8 BOYS

800 METER RELAY

6-7-8 GIRLS 6-7-8 BOYS

800 METER RUN

6-7-8 GIRLS 6-7-8 BOYS

100 METER DASH

6-7-8 GIRLS 6-7-8 BOYS

400 METER DASH

6-7-8 GIRLS 6-7-8 BOYS

200 METER DASH

6-7-8 GIRLS 6-7-8 BOYS

1600 METER RUN

6-7-8 GIRLS 6-7-8 BOYS

1600 METER RELAY

6-7-8 GIRLS 6-7-8 BOYS

FIELD EVENTS: 9:00 am

SHOT 6-7-8 GIRLS 6-7-8 BOYS

DISCUS 6-7-8 BOYS 6-7-8 GIRLS

LONG JUMP 6-7-8 GIRLS 6-7-8 BOYS

HIGH JUMP 6-7-8 BOYS 6-7-8 GIRLS

POLE VAULT 7-8 GIRLS 7-8 BOYS