

## DICKSON HIGH SCHOOL INVITATIONAL

April 9th, 2024

Coaches, we are proud to invite you to our Dickson High School Invitational.

Coaches meeting at 9:00, in the Weight Room. Field events start at 9:30. Running events start at 9:45.

PLEASE contact one of the coaches below to inform us of your attendance.

There will be Two divisions- Varsity Girls and Varsity Boys.

Entry Fee: \$100.00 per division \$15:00 individual up to 4 athletes per division

ON-LINE ENTRIES Entry Deadline: day before the meet (April 8th) @ noon. (see below)

Medals given to the top 5 in all events. Relays will medal top three.

Starting heights and distances to be determined at coaches' meeting.

Three preliminary throws or jumps, top 8 get three additional throws or jumps in the finals.

Hospitality room provided for coaches and administrators in the Weight Room.

¼ inch spikes or shorter only- starting blocks will be provided.

Bus Parking will be located in the high school gymnasium parking lot, south of the track.

Only athletes who are warming up, competing, or cooling down are permitted on the infield. NO camps allowed on infield.

If you plan on attending, need further information, or in case of inclement weather, please contact one

of these coaches: Ron Love- Cell 580-222-6834 /AD Matt Suffal-  
580-467-5145

ATTENTION COACHES: The On-line Entry DEADLINE is: Monday, April 8th @ noon.

((The meet will be CLOSED at noon!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the Oklahoma MileSplit website by completing ALL the necessary steps. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - -

Please log into your Oklahoma MileSplit account at: [Mike@cowtowntiming.com](mailto:Mike@cowtowntiming.com) - - - If you need assistance with entries call 817-992-3027

### Field Events 9:30

Shot G-B

Discus B-G

High Jump G-B

Long Jump B-G

Pole Vault G-B

### Running Events 9:45

400 Relay Girls Boys

3200m Relay Girls, Boys

100m Hurdles Girls  
110m Hurdles Boys  
3200m Run Girls, Boys  
800m Relay Girls, Boys  
800m Run Girls, Boys  
100m Dash Girls, Boys  
400m Dash Girls, Boys  
300m Hurdles Girls, Boys  
200m Dash Girls, Boys  
1600m Run Girls, Boys  
1600m Relay Girls, Boys