



EASTSIDE STEPPERS

TRACK AND FIELD INVITATIONAL FESTIVAL **Saturday, June 8, 2024**

Gates Open at 7:30am

Moses F. Miller Stadium
(Douglass High School)
900 N Martin Luther King Ave, Oklahoma City, OK 73117

MEET DIRECTORS: Keitha Wyatt-(405-470-0639); Timothy Taylor- (405-937-5272)

ENTRY INFO/ REGISTRATION:: Entry fee is \$18 an athlete and must be done in advance. No entry fee will be transferred or refunded and must be paid online at www.coacho.com. Registration opens May 20th and closes June 6th, 6:00pm. All fees must be paid on-line, or your athlete(s) will not be entered. Please be sure to put in a time for your athlete(s). A NM will put your athlete in a slower section. This is a F.A.T meet with Trak4Life . USATF /AAU membership card is **NOT REQUIRED**.

GENERAL ADMISSION: \$10/person, 4 and under free (Cash,Cashapp,Venmo). Wristbands must be on to enter the facility. CashApp

TENTS: A designated time slot will be available Friday afternoon to secure tent spaces. Time: TBA

EVENT INFORMATION: All events will be on a rolling schedule. All track and field rules will be in effect 12 and under 3 events: 13/14 on up 4 events. Athletes must have a wristband to compete. Age groups may be combined for distance races.

FIELD EVENTS/IMPLEMENTS: Each competitor will have three (4) attempts for throws and horizontal jumps. Athletes must bring their own implements to use during competition.

AWARDS: Medals will be given to the top three finishers at the completion of each event after the results have been verified. Please show patience when getting medals. Field event athletes will collect their medals at that specific site.

REFRESHMENTS: Concession Stand will be available (Cash,Cashapp,Venmo) /Kona Ice/Stretch Zone/Normatec

COACHES: We will have breakfast served during the early meeting. Coaches must provide a current USATF or AAU card to get in FREE to receive a wristband. Please have wristbands on prior to entrance.

Weather: In the event of inclement weather (following USATF rules) the meet will be on a 30min delay as needed/required. The delay will be posted on Facebook- The Eastside Steppers and sent out via email.

Top 8 in this meet will advance to the International Youth Track and Field Championships held in Landover, Maryland July 12th-14th <https://www.intyouthtrackchampionships.com>



**Moses F. Miller Stadium
(Douglass High School)
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8:15am

COACHES MEETING

FIELD EVENTS

8:30am

LONG JUMP- 8UG-8UB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

***TRIPLE JUMP-** 13-14GB, 15-16GB, 17-18WM, Open, Masters(at the conclusion of the Long Jump)

SHOT PUT- 8UG-8UB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

HIGH JUMP- Open, Masters ,17-18WM, 15-16GB, 13-14GB, 11-12GB, 9-10GB,

DISCUS- 17-18MW, 15-16BG, 13-14BG, 11-12BG, Open M&W, MM, MW

POLE VAULT- 13-14GB, 15-16GB, 17-18WM

****JAVELIN-** 17-18MW, 15-16BG, 13-14BG, Open M&W, MM, MW

(**At the conclusion of the DISCUS when volunteers become available**)

****AERO JAVELIN** 11-12GB

(**At the conclusion of the JAVELIN when volunteers become available**)

****TURBO-JAVELIN** 9-10GB, 7-8GB, 6&Under

(**At the conclusion of the AERO JAVELIN when volunteers become available**)

Field events for all will be a four jump/throw final.

ROLLING SCHEDULE ALL TIMED FINALS

Schedule is subject to change as needed.

Dedications

9:00am

1500M Race Walk 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

3000M RUN 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

80M HURDLES 11-12GB

100M HURDLES 17-18W, 15-16G, 13-14GB,

110M HURDLES 17-18M,15-16B

Future Stars of Track and Field-4 & under (50m dash)

100M All Age Groups, Open, Masters

800M RUN All Age Groups, Open, Masters

4x100M RELAY All Age Groups, Open, Masters

4x100M RELAY Ben Gay Relays (PARENT, COACHES)

400M All Age Groups, Open, Masters

400m HURDLES 15-16GB, 17-18WM, Open, Masters

200m HURDLES 13-14GB

200M All Age Groups, Open, Masters

1500M RUN All Age Groups, Open, Masters

4 X 400M RELAY All Age Groups, Open, Masters



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USATF SANCTIONED MEET