

Edmond Memorial

Freshman Track Meet

Tuesday, March 26th 2024

*Awards will be given to 1st through 3rd place only; top boys & girls' teams will each receive a commemorative winning plaque. The meet is limited to **EIGHT TEAMS**.*

\$100 ENTRY FEE Per Team/Per Gender; \$50 PER B TEAM. OSSAA Rules Apply

Meet Information:

- Events will be limited to THREE contestants per team – ONE relay; entered via Enduro Timing. **Entries are due Monday March 25th (day before) by 5pm.**
 - We are NOT adding athletes the day of the meet; please be diligent before the entry window closes.
- Coaches meeting will take place at approximately 3:40pm in the east end of the stadium (near the finish line & check-in table)
- Field Event Athletes:
 - Warm up starts 20 minutes before event (3:40pm)
 - Implements will be weighed at event
 - Competitors will receive THREE throws/jumps
 - NINE competitors will be taken to finals

Field events begin at 4pm, while running events start at 4:30pm

Field Events

Shot Put: girls - boys

Discus: boys - girls

Long Jump: girls - boys

High Jump: Run All Together After PV

Pole Vault: Run All Together

3200m Run (boys)

800m Relay

800m Run

100m Dash

400m Dash

3200m Run (girls)

300m Hurdles (girls - 30")

300m Hurdles (boys - 36")

Running Events

400m Relay

3200m Relay

100m Hurdles (girls)

110m Hurdles (boys)

200m Dash

1600m Run

1600m Relay

Parking Map & Information:



- This is an image that can help with parking. Please have whoever is driving your buses park in the yellow area.
- Please also share this information with your parents and spectators so they know where they can park.
- We will have parking attendants on site to help as well.

Please contact Coach Sergent (tyler.sergent@edmondschools.net) and/or Coach Lowrey (chris.lowrey@edmondschools.net) with any questions you may have!

Checks are to be sent to:

**Edmond Public Schools
Attn: Athletics
1001 West Danforth
Edmond, OK 73003**