Location: Idabel High School Date: Tuesday April 16, 2024 Coaches Meeting: 9:30



## **Skippy Smith Relays**

Online Entries through endurousa.com: Schools planning to attend our meet must submit their entries on the ENDURO USA website. This is a "Seeded Entries" meet. The online ENTRY DEADLINE will be posted on the Enduro site. NO LATE ENTRIES. 16 Team total.

Coaches Meeting: 9:30 a.m. in the weight room at the south of the stadium. Field Events:

10:00 a.m. Running Events: 10:30 a.m. Two Divisions: High School Boys and Girls.

Awards: Medals will be awarded to the first three (3) places in each individual event and to the first three (3) places in each relay event. Field Events: Each competitor will have four (4) throws and four (4) jumps. Heating: Heating will be done on the benches on the infield near the starting line. Concession/Admission: The concession stand will be open. Admission will be charged for spectators (\$3.00 - Adults and \$2.00 - Students). Restrooms are available.

Parking: Bus parking will be at the East parking lot by the Softball Field complex.

Team Camps: All team camps will be outside the football field and track on the North and East side. No tents will be allowed near the main entrance.

Entry Fee: \$100 per Division, \$15 individual (less than 5 athletes)

Make checks payable to: Idabel High School Track

Mail to: Idabel Track, 901 E. Lincoln Rd, Idabel, OK 74745

Track Meet Questions: Please text Sanda Gambol (580) 579-5221, John Harjo (580) 372-7467, or Devon Sanders (903) 933-1585. In case of inclement weather please call or text.

## Skippy Smith Relays Order of Events

9:30am Coaches Meeting 10:00am Field Events:

Shot Girls/Boys

Discus Boys/Girls

Long Jump Girls/Boys

High Jump Boys/Girls

Pole Vault Boys/Girls

10:30am Running Events: **RUNNING ORDER: Girls/Boys** 

**3200 RELAY** 100M HURDLES

110M HURDLES

400 RELAY

3200M RUN

800M RELAY

800M RUN

100M DASH

400M DASH

300M HURDLES

200M DASH

1600M RUN

HONEYBUN RELAY

1600M RELAY