

# Jay Middle School

Athletic Department  
Jeff Stapleton - Athletic Director  
821 N Main St. Jay, OK 74346  
(918) 791-8680

## Jay Bulldog 7th/8th Grade Invitational

Thursday April 11, 2024

821 N Main St. Jay, OK 74346

This is an **INVITATIONAL MEET**.

**Contact:** Eddie Barnwell (918) 801-8020 or [eddiebarnwell@jayps.org](mailto:eddiebarnwell@jayps.org)  
Sheila Sturges (918) 801-5507 or [sheilasturges@jayps.org](mailto:sheilasturges@jayps.org)

**Entry Fee:** \$70 for each boys and girls team. \$15 per individual if less than (4) members on a team.

**Coaches Meeting:** 9:30 am

**Field Events:** 9:45 am

**Running Events:** 10:00 am

**Divisions:** There will be four (4) divisions. 7th & 8th Boys and 7th & 8th Girls.

**Medals:** Awarded to 1st through 5th in all individual events and 1st through 3rd in the relay events. No team trophies will be awarded.

**Team Points:** Awarded to 1st-6th places (10-8-6-4-2-1) in individual events & (20-16-12-8-4-2) in relay events.

**Equipment:** Jay will furnish all starting blocks to contestants. ¼" or shorter spikes are required.

**Participants:** Each school can only enter 3 athletes in each event.

# **Jay Middle School Track Meet**

## **Schedule of Events**

### Field Events

9:45 a.m.	High Jump	7G - 8G - 7B - 8B
	Long Jump	7B - 8B - 7G - 8G
	Shot	7G - 8G - 7B - 8B
	Discus	7B - 8B - 7G - 8G
	Pole Vault	TBD

### Running Events

10:00 a.m.	3200 Relay	7G - 7B - 8G - 8B
	100 Hurdles	7G - 8G
	110 Hurdles	7B - 8B
	400 Relay	7G - 8G - 7B - 8B
	800 Run	7G - 8G - 7B - 8B
	800 Relay	7G - 8G - 7B - 8B
	100 Dash	7G - 8G - 7B - 8B
	400 Dash	7G - 8G - 7B - 8B
	300 Hurdles	7G - 8G - 7B - 8B
	200 Dash	7G - 8G - 7B - 8B
	1600 Run	7G - 8G - 7B - 8B
	1600 Relay	7G - 8G - 7B - 8B