

Konawa Tiger 5th/6th Track Meet

April 15, 2024

Coaches Meeting – 9:00 Field Events – 9:30 Running Events – 9:30

Athletes can enter up to 4 events. Each school may enter 1 relay and 3 individuals per event. A full concession will be available including pizza. A hospitality room will be provided for the coaches.

Entry Fee/Payment: \$60 per division, \$240 for all 4, and \$15 for individuals (3 or less). No B teams. Make checks payable to Konawa High School Track. You can mail checks to Konawa Public Schools, 701 W South, Konawa, OK 74849 or bring a check to the meet.

Awards: Medals will be given up to 5th place in individual events and 3rd place in relays. There will be no team trophies.

Contacts: Call, text, or email if you plan to attend or have any questions/concerns.

Lisa Norman normanlisa@konawa.k12.ok.us 405-638-2707

Jake Walker jakewalker@konawa.k12.ok.us 580-665-7444

Field Events – 9:30

Long Jump: 6B,5B,6G,5G

High Jump: 6G,5B,6G,5B

Shot: 5B,6B,5G,6G

Discus: 5G,6G,5B, 6B

Running Events – 9:30

400m relay: 5G, 6G, 5B, 6B

3200m relay: 5G, 6G, 5B, 6B

100 hurdles: 5G, 6G, 5B, 6B

800m run: 5G, 6G, 5B, 6B

100m dash: 5G, 6G, 5B, 6B

400m dash: 5G, 6G, 5B, 6B

200m dash: 5G, 6G, 5B, 6B

1600m relay: 5G, 6G, 5B, 6B

1600m run: 5G, 6G, 5B, 6B