



**MARLOW HIGH SCHOOL  
TRACK INVITATIONAL**  
(4A and Below)  
HS Boys/ HS Girls

On behalf of Marlow Public Schools, we would like to extend an invitation to attend our High School Boys and Girls track meet on Saturday, April 13<sup>th</sup>, 2024.

**ONLINE ENTRIES:** This Meet is being timed by 12:1 RUNNING. Entries are being handled thru ENDURO USA. Schools planning to attend our meet must submit their entries on the ENDURO USA website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The online ENTRY DEADLINE is the **day before the meet @ 5:00pm**. Log into your account at: [www.endurousa.com](http://www.endurousa.com) NO LATE ENTRIES \*\*\* Schools who have not entered on-line will not be added at the meet. \*\*\* If you have questions about your ENDURO USA account or meet registration, please contact: Jon Hughes @ (580) 583-1860 or [jhughes@elginps.net](mailto:jhughes@elginps.net)  
\*Check preview window prior to leaving for the meet for messages/competition numbers\*

## **There is a 12-team limit 4A Teams and Below**

**Must verify if you are planning to attend. please e-mail**  
**[bwortham@marlow.k12.ok.us](mailto:bwortham@marlow.k12.ok.us) – or call 580-401-0453**  
**[troe@marlow.k12.ok.us](mailto:troe@marlow.k12.ok.us) or call 580-235-9885**  
**[mivory@marlow.k12.ok.us](mailto:mivory@marlow.k12.ok.us) or call 580-641-0084**

**Inclement Weather:** call numbers above or check the preview window

**Points:** 10,8,6,4,2,1 with relays double points

**Equipment:** We have 7-lane All-Weather Track and please use only short spikes (1/4") or flat shoes on this surface. Starting Blocks will be furnished.

**Limitations:** Each contestant is limited to four events, including relays. Each school is limited to three entrants in each event and one team in each relay. (unless B team paid)

**Awards:** 1st-5th Place Medals (1st-3rd Relays)

**Concession:** Available at south end of the track. (Coaches will be provided a ticket to eat)

**Entry Fee:** \$100.00 per team-\$50.00 B team  
\$15.00 per individual if less than 5 team members.  
Make checks payable to **Marlow High School Athletics \*Track\***

**Mailing Address:**  
Marlow High School  
P.O Box 73  
Marlow Ok 73055  
Att. Bobby Wortham



### Schedule of Events

#### **9:00 Coaches Meeting**

#### **9:30 Field Events:**

High Jump	HS Boys – HS Girls (3- 3 with 8 to the Finals)
Long Jump	HS Girls – HS Boys (3-3 with 8 to the Finals)
Shot Put	HS Boys – HS Girls (3-3 with 8 to the Finals)
Discus	HS Girls – HS Boys (3-3 with 8 to the Finals)
Pole Vault	HS Girls – HS Boys

#### **10:00 Running Events:**

400 Meter Relay	Girls – Boys
3200 Meter Relay	Girls – Boys
100 Meter Hurdles	Girls
110 Meter Hurdles	Boys
3200 Meter Run	Boys
800 Meter Relay	Girls – Boys
800 Meter Run	Girls – Boys
100 Meter Dash	Girls – Boys
3200 Meter Run	Girls
400 Meter Dash	Girls – Boys
300 Meter Hurdles	Girls – Boys
200 Meter Dash	Girls – Boys
1600 Meter Run	Girls – Boys
1600 Meter Relay	Girls – Boys