



**Piedmont High School
Tuesday, April 16, 2024**

Location:

Teams: Choctaw, Deer Creek, Edmond Central, Edmond Cheyenne, Edmond Cimarron, Edmond Heartland, Edmond Sequoyah, Edmond Summit, Mustang South , Mustang Central, Mustang North, Piedmont, Stillwater, Yukon

Divisions: 7th grade Boys and Girls, 8th grade Boys and Girls

Time: 9:00 a.m.– Coaches Meeting
9:30 a.m.– Field Events
10:00 a.m.- Running events

Cost: \$100 per division or \$400 per school

Send Entry Fees to:

Piedmont High School
Attn: Todd Goolsby
1055 Edmond Rd. NW
Piedmont, Ok 73078

Registration is through

<https://ok.milesplit.com/meets/598301-mmsac-conference-championship-2024>

- Athletes will check in at the starting line of each event.
- No finals in field events. Each athlete will receive 3 jumps/3 throws
- Limit 3 individuals per event
- Limit 4 events per individual
- No “B” teams
- There will be minimum qualifying marks in throws and jumps. Each athlete will have at least one jump or throw measured at their request.
- Hurdles: girls’ and 7th grade boys’ 30” / 8th grade boys’ 100h 33”; 300h 30”
- Medals will be awarded for 1st through 6th place. Relays will medal 1st through 3rd place. 1st place team in each division will receive a championship banner (via conference).
- Scoring: 1st=10 / 2nd=8 / 3rd=6 / 4th=4 / 5th=2 / 6th=1 *Relays worth double

Contact: Jon Bakewell jon.bakewell@piedmontschools.org Phone # 405-808-5752, Kelly Beck kelly.beck@piedmontschools.org Phone # 405-388-1217

Order of Events

Running Events Start at 10:00 a.m.

4x100 Relay	7th Girls, 8th Girls, 7th Boys, 8th Boys
4x800 Relay	7th Girls, 8th Girls, 7th Boys, 8th Boys
100 Hurdles	7th Girls, 8th Girls
110 Hurdles	7th Boys, 8th Boys
4x200 Relay	7th Girls, 8th Girls, 7th Boys, 8th Boys
800 Run	7th Girls, 8th Girls, 7th Boys, 8th Boys
100 Dash	7th Girls, 8th Girls, 7th Boys, 8th Boys
400 Dash	7th Girls, 8th Girls, 7th Boys, 8th Boys
300 Hurdles	7th Girls, 8th Girls, 7th Boys, 8th Boys
200 Dash	7th Girls, 8th Girls, 7th Boys, 8th Boys
1600 Run	7th Girls, 8th Girls, 7th Boys, 8th Boys
4x400 Relay	7th Girls, 8th Girls, 7th Boys, 8th Boys

Field Event Start at 9:30 a.m.

High Jump	8th Boys, 7th Boys, 8th Girls, 7th Girls
Long Jump	8th Girls, 7th Girls, 8th Boys, 7th Boys
Discus	7th Girls, 8th Girls, 7th Boys, 8th Boys
Shot	7th Boys, 8th Boys, 7th Girls, 8th Girls
Pole Vault	All Boys, All Girls

**We have workers for every field event. If you have a qualified Coach/Judge that would like to be involved in an event, please email Jon Bakewell to get your school to help judge. The coaches we have to Judge are highly qualified in all events.

Relay Exchange Zones:

4 x 100 Exchange 1 -Deer Creek Exchange 2 - Edmond Central Exchange 3 –Choctaw
 4 x 200 Exchange 1 & 3 - Stillwater Exchange 2 - Mustang North

<u>Event</u>	<u>Boys</u>	<u>Girls</u>
Pole Vault	Piedmont	Piedmont
Shot	Piedmont	Piedmont
Discus	Piedmont	Piedmont
Long Jump	Piedmont	Piedmont
High Jump	Piedmont	Piedmont