



TRACK & FIELD MEET OF CHAMPIONS

Tuesday, May 14, 2024

Stroud, OK

State Champions & Runner-Ups from each class and event are automatically qualified to compete in the OCCTCA Track & Field Meet of Champions. Those who did not finish top two wishing to be considered to fill in, should a spot become available, will be selected by State Meet 3rd-6th place order of finish per each respective class. OCCTCA rules apply. *All late entries will incur a \$10 charge.*

ATHLETE ENTRY

All entries will be online on <https://ok.milesplit.com/> website. All entries will be seeded by State Meet results ONLY.

1st-2nd place athletes, or relays enter the Automatic Qualifier meet per respective class.

3rd-6th place athletes, or relays enter the Additional Qualifier meet per respective class.

MIXED RELAYS

Medleys are to be composed of athletes who competed in similar relays at their respective state meets. We understand that due to the timing of the Meet of Champions, some of your athletes may have prior school related obligations that prevent their attendance. This allows our kids the opportunity to compete in a varied length relay. Entrants must have competed at the state meet to be eligible.

Sprint Medley Relay (100m, 100m, 200m, 400m)

- Athletes who competed in the 100m, 200m, 400m, 4x100, 4x200 and/ or 4x400 are eligible to compete.
- Exchanges will follow a three turn stagger.

Distance Medley Relay (1200m, 400m, 800m, 1600m)

- Athletes who competed in the 400m, 800, 1600m, 4x400 and/ or 4x800 are eligible to compete.
- First leg will cut in after completing a 1 turn stagger.

TO COMPETE

1. Athlete's coach must be a current, paid member of the OCCTCA.
<http://www.ohstrack.com/membership.html>
2. 1A-4A entries due at 5pm the THURSDAY following the state meet.
5A-6A entries due at 5pm the MONDAY following the state meet.
Athletes need to declare their events in which they will be competing. Any event with less than 12 competitors, additional qualifiers will be added based on their State Meet performances.
3. Confirmed/ accepted athletes will need to check-in at registration to receive their competition jersey & packet. (Athletes will supply their own bottoms.)

If you have an athlete that did not meet these standards, but there were special circumstances (false start, no height, family emergency...) that prevented them from qualifying, please email: moc.oklahoma@gmail.com.

AWARDS

Top 6 places will receive medals.

Event champions will earn OCCTCA ALL-STATE and receive an official OCCTCA All-State MOC patch, as well as a medal.

SCHOLARSHIP RECIPIENTS

The four 2024 OCCTCA Scholarships recipients will be recognized during the designated time in the running events portion of the meet. Recipients will be notified by May 1st.

ADDITIONAL DETAILS

Location:	720 Gillespie Ave Stroud, OK 74079
Parking:	Parking is available from Gillespie Ave and around the Gymnasium off of 2nd Street.
Spectator Admission:	\$5 per person



TRACK & FIELD MEET OF CHAMPIONS ORDER OF EVENTS

CHECK-IN/ REGISTRATION OPENS AT 11:45am

FIELD EVENTS (Begin at 1:00pm)

Shot Put	Boys, Girls
Pole Vault	Girls, Boys
Long Jump	Boys, Girls
Discus	Girls, Boys
High Jump	Girls, Boys

RUNNING EVENTS (Begin at 1:15pm, rolling start)

Distance Medley Relay (1200-400-800-1600)	Girls, Boys
100 M. Hurdles	Girls
110 M. Hurdles	Boys
100 M. Dash	Girls, Boys
400 M. Dash	Girls, Boys
1600 M. Run	Girls, Boys
OCCTCA Scholarship Presentation	
Sprint Medley Relay (100-100-200-400)	Girls, Boys
300 M. Hurdles	Girls, Boys
800 M. Run	Girls, Boys
200 M. Dash	Girls, Boys
3200 M. Run	Girls, Boys
1600 M. Relay	Girls, Boys