

NOAH Jaguars Steeplechase Clinic with Olympian Billy Nelson

Mar 30, 8:30-11:00 AM

Tulsa University Track
800 S. Tucker Dr.
Tulsa, OK

The NOAH Jaguars Homeschool Track Team is honored to host a steeplechase clinic with Olympian Billy Nelson.

Billy has a unique understanding of the steeplechase that few have. He discovered the steeple as a high schooler in California, but really blossomed in college at the University of Colorado. Following his second place finish in the NCAA Championship in 2008, he took on the Olympic Trials just a few weeks later.

His inspirational run brought him to a 2nd place finish in the Trials and earned him a berth in the Beijing Olympics.

[Olympic Trials Mens 3000 Steeplechase 2008 USA Track & Field](#)

He recently moved to Oklahoma and has graciously offered to pass on some of his insight to the next generation.

You are invited to get an introduction to the steeple, or hone your skills for summer meets or collegiate meets in the future.

Bring your running shoes, and your racing spikes - you're going to get wet, and if it rains, you'll get wetter!

This will be a hands-on practice, not just academic, so come prepared to put some work in.

The cost is free, but grace gifts for Billy's time would be appreciated.

Please reach out if you have any questions.

Roger Sirmon
NOAH Jaguars XC and Distance Coach for Track
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