

Oklahoma Bible Academy
High School Invitational Track Meet
One Division

Oklahoma Bible Academy would like to invite you and your school to participate in our track meet. We have a resurfaced eight lane track in Enid, OK. This will be a timed finals meet. We will accept the first 10 schools that enroll.

Date: **Thursday, March 28, 2024**

Time: Coaches Meeting at 9:30 a.m.

Class: 2A and below

Participation: Each school is limited to three (3) scoring participants per event. Participants may enter no more than 4 events. Starting blocks will be provided.
 $\frac{1}{4}$ " or less pyramid spikes will be required in the running and jumping events.

Entry Fee: Fee is \$80 per team or \$160 for both teams.
If less than four (4) participants from a school, the fee is \$15 per participant.

Please make checks payable to Oklahoma Bible Academy. Enter teams on <http://www.enduroussa.com/>.
On-line Entry Deadline: Wednesday, March 37th @ 5 pm.

Awards: Medaling will be 1st-3rd for Relays and 1st-5th for Individual and Field Events. There will be no medals for team scoring.

Contact Info: Alan Ford aford@oklahomabible.com

A Coaches meal will be provided.
Concession stand will be available.
OSSAA Rules Apply

FIELD EVENTS – 9:45 am

High Jump	Girls - Boys
Long Jump	Boys - Girls
Shot Put	Girls - Boys
Discus	Boys - Girls

TIMED FINALS – 10:30 am

400 Meter Relay	Girls - Boys
3200 Meter Relay	Girls - Boys
100 Meter Hurdles	Girls
110 Meter Hurdles	Boys
3200 Meter Run	Boys
800 Meter Relay	Girls - Boys
800 Meter Run	Girls - Boys
100 Meter Dash	Girls - Boys

BREAK

3200 Meter Run	Girls
400 Meter Dash	Girls - Boys
300 Meter Hurdles	Girls - Boys
200 Meter Dash	Girls - Boys
1600 Meter Run	Girls - Boys
1600 Meter Relay	Girls - Boys